Garner Garner Parks & Recreation







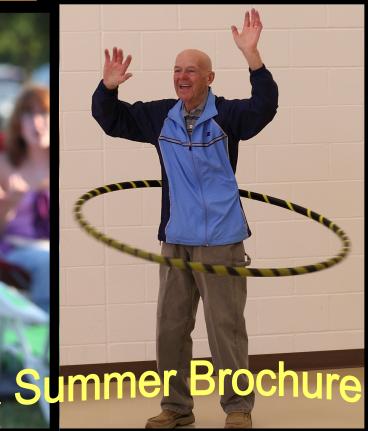


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Abbreviation Key

SGP SGPTC

WDP

| (R) | Resident |
|-------|--------------------------------------|
| (NR) | Non-Resident |
| ASRC | Avery Street Recreation Center |
| ASA | Avery Street Recreation Center Annex |
| CRESP | Creech Road Elementary School Park |
| CRTC | Creech Road Tennis Courts |
| GHA | Garner Historic Auditorium |
| GRP | Garner Recreational Park |
| GSC | Garner Senior Center |
| GSFA | Garner Senior Center Fitness Annex |
| LBBH | Lake Benson Boathouse |
| LBP | Lake Benson Park |
| LBPA | Lake Benson Park Amphitheater |
| PSB | Pearl Street Building |
| SGP | South Garner Park |

South Garner Park Tennis Courts

White Deer Park

Mission Statement

The Town of Garner Parks & Recreation Department provides a well balanced program of quality recreational activities and facilities that enhances the physical and mental well being of our citizens, preserves the natural environment, and celebrates the arts and our cultural identity. We constantly enrich our diverse and growing community by discovering and providing new recreational opportunities both directly and through community partnerships.

Town Council

Ronnie Williams, Mayor Kathy Behringer, Mayor Pro-Tem Jackie Johns Buck Kennedy Ken Marshburn Gra Singleton Hardin Watkins, Town Manager Rodney Dickerson, Assistant Town Manager

Parks & Recreation Advisory Committee

Carol Schriber, Chairman Robert Liles, Vice Chairman Amaka Flynn David Jeter Derek Nunn Richard Squires Rochester White

Senior Citizens Advisory Committee

Norma Montgomery, Chairman Shirley Poole, Vice Chairman Cleveland Avery Alfred Batine Barbara Delmont Mary Denning Nancy McGrew

Karel Standish

Upcoming Brochure Dates

2010 Fall Brochure-August 2010 2011 Winter Brochure-December 2010 2011 Spring & Summer Brochure-April 2011

Brochures can be picked up at the following locations: Garner Town Hall, Garner Senior Center, Avery Street Recreation Center, Garner Historic Auditorium, White Deer Park, Southeast Regional Library and Garner Chamber of Commerce. An electronic copy of the brochure is available at our web site, www.GarnerNC.gov.

Welcome



As the spring and summer seasons approach, we encourage you to get outside and enjoy the many wonderful parks in Garner. Our newest park, White Deer Park, is becoming home to a number of nature lovers. Soon, the park's vast assortment of plantings and its beautiful wildflower meadow will provide an array of colors and fragrant smells that you will not want to miss! As you enjoy a walk through the park, you will be surrounded by many native trees and shrubs located along the walking paths that are certain to inspire the love of nature in all of us. White Deer Park offers something for everyone, from natural and interactive playgrounds to educational classes on vermicomposting (using worms for composting), stargazing and bird watching.

Lake Benson Park attracts numerous walkers and joggers while serving as home to a variety of Town Special Events such as the July 3rd Independence Day Celebration & Fireworks, Summer Concert Series, and White Deer Dash Road Race. Interested in spending the day fishing? Lake Benson Boathouse offers a new program this summer that provides youth with an opportunity to borrow rods and reels in an effort to encourage fishing among our youth and young adults.

If you are finding that your clothes are a little bit tighter since last spring, why not sign up for a fitness class? It will be more FUN than work, and classes are available for all types of interests and abilities. Adult fitness classes are offered during the evenings at the Garner Senior Center Fitness Annex and during the morning hours at the Avery Street Recreation Center.

As our nation focuses on holistic approaches to our health and wellness, the Garner Parks and Recreation Department stands ready to help and serve our community, because Garner is a great place to live, work and play!

Parks & Recreation Department Staff Directory

General Contact Information

Garner Town Hall, 772-4688 Parks & Recreation Administrative Office, 773-4442 Avery Street Recreation Center, 662-5051 Avery Street Recreation Center Annex, 773-4441 Garner Historic Auditorium, 661-4602 Garner Senior Center, 779-0122 Lake Benson Boathouse, 662-5703 White Deer Park, 661-6982 Activity Line, 662-5043

Administration

Sonya Shaw, Parks & Recreation Director, 773-4442 or sshaw@garnernc.gov Kathy Jones, Office Assistant, 773-4442 or kjones@garnernc.gov

Celebration & Events

Cherry Gay, Bureau Manager, 773-4437 or cgay@garnernc.gov Britt Crews, Auditorium Manager, 661-4602 or bcrews@garnernc.gov Tara Gallagher, Special Events Coordinator, 773-4439 or tgallagher@garnernc.gov Nathan Cottrell, Lead Technician, 661-6988 or ncottrell@garnernc.gov

Sports & Fitness

Rob Smith, Bureau Manager, 773-4438 or rsmith@garnernc.gov Jack Baldwin, Avery Street Recreation Center Supervisor, 662-5051 or jbaldwin@garnernc.gov Torrey Blackmar, Senior Center Supervisor, 661-6890 or tblackmar@garnernc.gov Nancy Hulbert, Recreation Support Specialist, 661-6893 or nhulbert@garnernc.gov Nicole Sweat, Recreation Support Specialist, 773-4441 or nsweat@garnernc.gov Amy McClain, Recreation Support Specialist, 890-7301 or amcclain@garnernc.gov Jim Rogers, Recreation Support Specialist, 662-5051 or jrogers@garnernc.gov

Outdoor & Adventure

Stephanie Moody, White Deer Park & Lake Benson Park Supervisor, 661-6892 or smoody@garnernc.gov Ed Johnson, Recreation Support Specialist, 773-4435 or ejohnson@garnernc.gov

3 Easy Ways To Register

1. Register Online

You can register online at www.GarnerNC.gov. Visit the website for step by step instructions to complete online registration.

2. Mail-In Registration

Complete the registration form on page 5, then mail form with payment to:

Garner Parks & Recreation Department PO Box 446

Garner, NC 27529

3. Walk-In Registration

Register at the following locations:

Town Hall, Building B: 8am-5pm Mon--Fri

Garner Senior Center: 8am-8pm Mon--Thu & 8am-

5pm Fri

Avery Street Recreation Center: 2:30-8pm Mon--

Thu & 2:30-5pm Fri

White Deer Park: 9am-5pm Tue--Sat & 12-5pm Sun

Fees and Payment Options

Payment is due at time of registration. We accept cash, checks, money orders, MasterCard or Visa. Make check payable to the Town of Garner.

Resident / Non-Resident Fee Policy

Throughout the brochure you will notice different fees for Town of Garner Residents(R) and Non-Residents(NR). The Parks & Recreation Department is an agency of the Town of Garner and receives municipal tax revenue paid by Residents living inside the corporate limits of the Town. Others who live outside the corporate limits are charged a higher rate for participation in our programs because they do not pay Town taxes.

The policy for application of this fee differential is as follows: You must live inside the corporate limits of Garner at the time of your registration in order to be charged the Town of Garner Resident rate. All others will be charged the Non-Resident rate.

Financial Assistance Program

In order to assist the children of families with limited financial resources, the Town of Garner has established a financial assistance program. Children of Town residents, who are under the age of 18, may qualify for a 50% fee reduction of the program registration fee for programs with a fee of \$20 or more. Please contact the Parks and Recreation Department for complete details and an application.

Online Registration

The Garner Parks & Recreation Department's new site has been improved to make online program registration much easier and more efficient. For the most up to date registration information, please visit the Registration Help Page:

http://www.garnernc.gov/Parks/RegistrationHelp.aspx.

If you need additional assistance when registering for Parks & Recreation Department programs, please contact our office at 773-4442.

Refunds/Returned Check Policy

- Refund of paid fees for most activities will be made under certain conditions. For allowed refunds you may be charged a refund fee of up to \$5. Refunds are not available after the activity registration deadline, except for substantial hardship. A complete refund policy is available upon request.
- Payments made by credit card will be refunded by check from the Town of Garner.
- A service charge of \$25 will be assessed for each check returned due to insufficient funds. Payments for returned checks will be accepted in cash or money order only.

Inclement Weather Policy

During inclement weather that creates dangerous or hazardous conditions, Garner Parks and Recreation will post program and park updates on its web site www.GarnerNC.gov and on the activity line 662-5043. When looking for weather information on the website, please select the Parks & Recreation page. The department will no longer follow the closing schedules of area schools.

Residents may also contact individual recreational facilities to check on current status.

The department will work with rental groups on a case by case basis but reserves the right to cancel a rental reservation if the facility cannot be safely accessed.

In all cases, participants are requested not to participate in any recreational activity that they consider dangerous or unsafe for any reason, including weather.

I understand that participation in this recreation program involves risk of injury or loss of property. These risks include but are not limited to collision with other participants that may have infectious (communicable) diseases, physical exertion or other accidents. I further understand that before participants that may have infectious (communicable) diseases, physical exertion or other accidents. I further understand that before participating in this or any program, I should consult a physician for advice. By signing this form, I acknowledge all trisks of loss, injury or death and affirm that I am willing to assume responsibility should loss, injury or death result from them. I also agree to follow all rules and procedures of the program and to follow reasonable instructions of the teachers and supervisors of the program. Furthermore, in return for the opportunity to participate in this program, I agree for myself, and for my heirs, assigns, executors and administrations are any legal rights. I may have to seek payment from the Town is agents for bodily injury, death, or other loss resulting from this program, and to release those parties from any legal rights or death. I understand that no insurance coverage is provided by the Town of Gamer. Account Number (For Office Use) Credit Card *T-shirt size for programs with shirts provided. Please indicate a youth size or adult size Zip Code Money Order Fee Cell Phone Last Name Work Phone *T-Shirt Size TOTAL: State Secondary Parent Information: Check# Cell Phone Dates/Time grant the Town of Garner permission to use, for any legitimate reason, any photographs, motion picture or recording of my participation in this activity. Cash **Emergency Phone** Relationship Home Phone: First Name Program Name Payment is due at the time of registration. Address Ċiţ Mailing Address: Activity Registration, PO Box 446 Gamer, NC 27529 Office Location: 900 Seventh Avenue Gamer, NC 27529 Participant Signature or Signature of Parent/Guardian if Child is Under 18: O Non-Resident Sex Warning, Liability Release, Acknowledgment & Assumption of Risk: Zip Code Work Phone: Age Birth Date Household Information: Town Resident Cell Phone **Adult Participant or Parent Information:** Last Name Work Phone State Last Name Registration Information: Permission to Use Image: First Name Emergency Contact: Emergency Phone Email Address: Home Phone: Home Phone First Name Address Cit.

Garner Parks & Recreation Department Program Registration Form:

Registration Form

3 7

Date:

Picnic Shelters

Several of our parks feature shelters that accommodate groups of 15 to 150 people. Check our website at www.GarnerNC.gov.

General Rules for Shelters

- Shelters may be reserved up to 90 days ahead, but no less than 56 hours in ad-
- Special equipment and amplification of sound are generally not permitted. Check with the Department if you have special programs or needs.
- If you are interested in bringing a large grill or pig cooker on site, please inquire about each park's rules and limitations. Not all parks can accommodate grills and pig cookers.
- The reserving group is responsible for clean 3.
- 4. Shelters are available from 8am to dark.
- All special events must be approved by the Town of Garner. You may obtain a copy of the Town's Special Events Policy from the Parks & Recreation Department.



Sweet Gum Shelter at White Deer Park

Parks with Shelters

Lake Benson Park - 4 Shelters Centennial Park - 1 Shelter Rand Mill Road Park - 1 Shelter Greenbrier Park - 1 Shelter Jaycee Park - 1 Shelter Creech Road Elementary School Park - 1 Shelter White Deer Park - 5 Shelters



Maple Shelter at White Deer Park

Athletic Field Rentals



Creech Road Elementary School Park is a Hit.

Athletic Field Rental

The Garner Parks System features several athletic fields that can accommodate pick up play or organized events. Many Town-supported leagues utilize the facilities for their practices and games during the season. When they are not already scheduled, you can play your game at one of our fine facilities. Call 773-4442 for availability and rental rates.

Garner Recreational Park has two baseball fields with lights.

South Garner Park has 3 softball fields and a fullsized soccer field. All of the fields are lit for nighttime use.

Centennial Park has quickly become a favorite with the soccer community. The large flat space can be configured to a variety of soccer field sizes.

Creech Road Elementary School Park features an adult-sized softball field with lights. When combined with the shelter, this park provides a great setting for a company softball game and picnic.

The Thompson Road Park practice facility boasts two large multipurpose fields. This park provides an ideal space for soccer, flag football or other activities that require room to run.

The unlit baseball field at Rand Mill Road Park is available for daytime use.

Indoor Rental Facilities

Avery Street Recreation Center Avery Street Recreation Center Annex

Why not have your end of season party at Avery Street Recreation Center or the Avery Street Recreation Center Annex? The Recreation Center features a gymnasium with a wood floor surrounded by two multipurpose rooms, plus a game room and the Avery Street Park. Each multi-purpose room can accommodate a meeting of up to 20 people. The Annex has three spacious classrooms that can meet a variety of needs. The rooms accommodate 20 people. For more information about the Avery Street Recreation Center, please call 662-5051. For additional information about the Annex, please call 773-4441.

Pearl Street Building

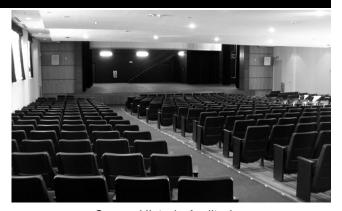
The Pearl Street Building, located at 110 Pearl Street, consists of two classrooms and a small lobby. The rooms adapt easily for a variety of uses from birthday parties to meetings. Maximum capacity of the building is 50 people. The rooms can be set up for meetings with approximately 20 people in each room. For more information about rental rates or availability, please contact the Parks and Recreation Department at 773-4441.

White <u>Deer Park</u>

The Parks and Recreation Department's newest facility available for rental is White Deer Park Nature Center. Located in White Deer Park, this facility offers a classroom with seating for 96 people or tables and chairs for up to 70 people. The Learning Deck is also available for rental, with or without use of the classroom. Rentals are available when the facility is not being used by the Town of Garner for programs. For more information, please contact staff at White Deer Park by calling 661-6982.



Meeting Inside the Nature Center



Garner Historic Auditorium

Garner Historic Auditorium

With 470 seats, the Auditorium adapts well to a variety of uses. Groups and individuals may rent the facility for public and private special events. The Auditorium contains an expansive stage and backstage area, cushioned seating, fly space and rails, separate dressing rooms with restrooms, a green room and loading dock. For more intimate gatherings, the beautifully appointed front lobby, seating 60, and backstage lobby, seating 30, each provide a backdrop to celebrate a special occasion. A piano, podium, limited number of tables and folding chairs may be used for no additional charge. Facility may be reserved by contacting the Garner Historic Auditorium at 661-4602.



Rental Space at the Garner Senior Center

Garner Senior Center

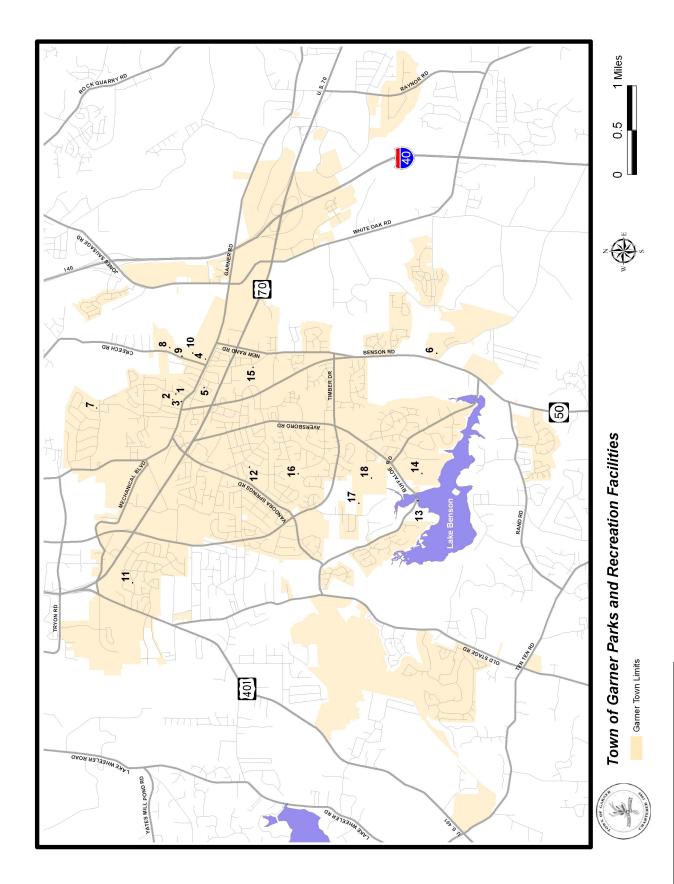
Great for birthday parties, family reunions, wedding receptions, special church functions, and baby showers, the Garner Senior Center rents portions of the facility for non-profit events. The rental space can be set up to hold 150 people. The facility is available on weekends when recreation programs are not already scheduled. Reservations are accepted 90 days prior to the event. For more information, please contact the Senior Center at 779-0122.

Facilities & Parks Key

Multi-Purpose Field

| | Key to Town of Ga | of Garner | | - | | | | | | | | ssə: | | | | | |
|----|--------------------------------------|-----------------------------|---------|----------------------------|-----------|---------|--------|--------|---------|--------|---------|-------------|---------|---------|---------|---------|----------|
| | Parks & Recreati | | | in Bike Tra /Softball | eooy pund | I | Field | Courts | s | | swo | o Trail Acc | ental | pall | g Rooms | ι | II Field |
| | Facilities & | & Parks | A) əzi2 | | | Fishing | Soccer | sinnəT | Shelter | Grills | Restroc | Walking | Boat Re | Basketl | Meeting | Kitcher | Footbal |
| | Recreational Facilities: | | | | | | | | | | | | | | | | |
| _ | Avery Street Park, Recreation Center | 125 Avery Street | | | × | | | | | | × | | | × | × | | |
| 2 | Avery Street Recreation Center Annex | 201 Avery Street | | | × | | | | | | × | | | | × | | |
| 3 | Garner Historic Auditorium | 742 West Garner Road | | | | | | | | | × | | | | × | | |
| 4 | Garner Senior Center | 205 East Garner Road | | | | | | | | | × | | | | × | × | |
| 2 | Pearl Street Building | 110 Pearl Street | | | | | | | | | × | | | | × | | |
| | Parks: | | | | | | | | | | | | | | | | |
| 9 | Centennial Park | 1015 New Bethel Church Road | 10 | | × | | × | | 1 | × | × | × | | | | | |
| 7 | Cloverdale Park | 1603 Meadowbrook Drive | 9 | | | | | | | | | | | | | | |
| 8 | Creech Road Elementary School Park | 400 Creech Road | 17 | ^ | × | | | | 1 | × | × | × | | | | | |
| 6 | Creech Road Tennis Courts | 190 Creech Road | | | | | | × | | | | | | | | | |
| 10 | Garner Recreational Park | 213 East Garner Road | 20 | × | × | | | | | | × | × | | | | | |
| 7 | Greenbrier Park | 613 Winterlochen Drive | 3 | | × | | | | 1 | × | | | | | | | |
| 12 | Jaycee Park | 1300 Vandora Springs Road | 4 | | × | | | | 1 | × | | | | | | | |
| 13 | Lake Benson Boathouse | 975 Buffaloe Road | 1. | | | × | | | | | × | | × | | | | |
| 14 | Lake Benson Park | 921 Buffaloe Road | 64 | | × | | | | 4 | × | × | × | | | | | |
| 15 | Rand Mill Road Park | 608 Rand Mill Road | 13 | , | × | | | | | × | × | | | × | | | |
| 16 | South Garner Park | 1210 Poole Drive | 15 | | × | | × | × | | | × | × | | | | | |
| 17 | Thompson Road Park | 550 Thompson Road | 12 | | | | | | | | | | | | | | × |
| 18 | White Deer Park | 2400 Aversboro Road | 96 | | × | | | | 5 | × | × | × | | | × | | |

Page 8 Garner Parks & Recreation ... A Great Place to Play.



Special Events

Garner Summer Concert Series

Bring a picnic, a blanket or lawn chairs and enjoy great music, food and beautiful scenery. Concessions will be available along with a variety of local groups that will perform during intermission. While adults enjoy the sounds of summer, children can enjoy the nearby playground and open areas for running, throwing discs or just relaxing. Lake Benson Park provides the perfect setting for family and friends. Seating is on a grassy slope near the large picnic shelter. Concerts are free and begin at 6pm, finishing around 8pm. For more information, please call our office at 773-4442 or visit our web site at www.GarnerNC.gov.

Jazz June 19 July 17 Bluegrass

*August 21 Variety-RB/Pop/Other *(part of Garner Family Fun Weekend)



Music from the Summer Concert Series

Memorial Day Observance

The Town of Garner, Garner Veterans' Memorial Committee and American Legion Post #235 will have a Memorial Day observance at Lake Benson Park on Monday, May 31 at 1:30pm. The ceremony will be held at the site of the future Garner Veteran's Memorial.

Music on Main After Work Concert Series

Bring your chairs and join us on Main Street in Downtown Garner for the Music on Main After Work Concert Series. Food and beverage will be available. No coolers, please. For more information visit www.downtowngarner.com.

2010 Schedule

Thursday, May 27th – Brickhouse Band

Thursday, June 10th – Coastline Thursday, July 8th – The Fantastic Shakers

Thursday, August 12th - Spare Change

Thursday, September 9th – Craig Woolard Band



Warming Up Before the Concert

Independence Day Celebration

Annually, Garner and its neighbors come together to celebrate July 3rd at Lake Benson Park! Gates open at 5pm. Enjoy musical entertainment from Liguid Pleasure followed by the North Carolina Symphony, a full-time, 68 member professional orchestra, playing a rousing patriotic program. Children's inflatable games are available from 5-8pm. Local nonprofit groups will sell food and other refreshments. The evening concludes with a spectacular fireworks show at 9:30pm. This celebration is FREE to the public. Shuttles will provide transportation to and from the park to ease traffic. Contact our department or visit our web site at www.GarnerNC.gov for shuttle parking sites and departure times. Food vendor applications for local, non-profits will be available beginning April 1.

- -No Alcoholic Beverages
- -No Glass Containers
- -No Gas or Charcoal Grills
- -No Fireworks (including sparklers)
- -No Pets



Event Attendees Enjoy the Day's Festivities

Special Events

Garner Family Fun Weekend August 20 & 21

This is a great opportunity to have some quality family time during our Garner Family Fun Weekend. Events for the weekend include: Friday Family Flicks, Family Camping at Lake Benson Park, the 3rd Annual White Deer Dash 5k & Family Fun Run and the last concert of the Summer Concert Series.



Movies Under the Stars

Friday Family Flicks

Lake Benson Park is the scene for our summer family flicks. These youth and family friendly movies are sure to bring a smile to everyone's face. The outdoor movie screen will be placed on the main stage, with seating on the grassy slope in front. Bring a blanket or chairs and enjoy an outdoor movie under the stars. Refreshments will be for sale. These movies are FREE to the public. Come early to get a good seat.

 Fri
 Aug 20
 8:30pm

 Fri
 Sep 17
 8pm



Start of the Race

Family Camping at Lake Benson Park

Bring your tents and camping gear and spend the night sleeping under the stars at Lake Benson Park during our Family Fun Weekend. Bring your own food and beverages; snacks will be available for purchase during the Friday Family Flicks. Families must register in advance and be issued a camping permit for this special event. Max:40 permits will be issued.

LBP \$10(R) \$13(NR)/per family Fri Aug 20 6pm



Roasting Hot Dogs at Family Camping Night

3rd Annual White Deer Dash 5k and Family Fun Run

This 5k run celebrates the opening of our newest park and nature center, White Deer Park. The race starts and finishes at Lake Benson Park. A family one-mile fun run follows the trail at Lake Benson Park. Bring the whole family and enjoy the morning run. The Family Fun Run starts at 8:30am followed by the White Deer Dash 5k at 9am. Pre-registration is required to ensure that you receive a t-shirt. Only 5k runners will receive a t-shirt. Fun Run participants can purchase shirts the day of the event. The 5k registration fee is \$30 per participant on or before August 6 and \$35 per participant after August 6. The Family Fun Run is \$10 per participant. The first 50 children are free. Register at www.GarnerNC.gov or fsseries.com beginning May 1.

Sat Aug 21 8:30am & 9am

| Event | Date | Time | Fee | Description | Contact Information |
|--|--------------|-----------------|------|---|---|
| Phi Lambda Educational Foundation: 2010 Stars of Tomorrow Showcase | May 2 | 4pm | Free | The Showcase ensures an exciting night of entertainment. | 483-5926 hfarris@nc.rr.com |
| Delta Sigma Theta, Raleigh Alumnae Chapter: Delta Education Extravaganza | May 8 | 3:30pm | Free | The end of the year Extravaganza showcases and celebrates the Raleigh Alumnae Chapter's three educational programs. | www.dst-raleigh-alumnae.org |
| The DanZe Zone Dance Recital | May 22 | Call for times. | TBA | Students will demonstrate the hard work and talent they and their teachers possess in a variety of dance styles. | 772-7755 dawn@thedanzezone.com www.TheDanZeZone.com |
| Step Ahead Recital: Dance Galaxy | June 5 | 2pm | \$10 | Explore the galaxy of dance with Step Ahead as they launch into outer space for their 2010 performance gala. | 662-1143 info@stepaheaddance.com |
| Miss NAUW Teen Pageant | August 21 | 6pm | Free | The NAUW provides a positive community influence by mentoring youth. | 271-8198 |
| Wake County Junior Miss | August 28 | 7pm | TBA | Seniors in high school will vie for the crown and scholarships in this prestigious pageant. | pchriscoe@aol.com 859-3998 |



Garner Historic Auditorium

742 W. Garner Road

For more information, contact Britt Crews at 661-Reservations: Mon-Fri 1:30-5:30pm Office Hours to View Auditorium and/or for Rental

size of the original, the renovated Auditorium comarea, midstage traveler curtain, reinforced sound windows and original heart of pine floors with nu-Convenient to all areas of the Triangle and triple the facility boasts ample off-street parking. theatrical lighting and fly system. Additionally, the ments including a spacious stage and backstage merous, modern technical upgrades and enhancebines the essence of the old facility with its soaring



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Auditorium

Bluegrass Series: Cosponsored by the Town of Garner & Jordan Entertainment, present Dale Ann Bradley with Lorraine Jordan & Carolina Road with Special Guest, James King

Stuffed to overflowing with talent, the spring blue-grass concert features 2007, 2008 & 2009 IBMA Female Vocalist of the Year, Dale Ann Bradley; three-time IBMA award winner Lorraine Jordan & Carolina Road plus bluegrass legend James King. Tickets may be purchased online at www.GarnerNC.gov or at Town Hall. All advance tickets will be eligible for preferred seating. For more information, contact Britt Crews at 661-4602.

GHA \$13 in advance; \$15 at the door Sat May 1 7:30pm



Infinity Ballet Performance Spring 2008 Infinity Ballet Theatre: Magical Mystery Dances

Fairytale Dances, including Sorcerer's Apprentice, Sleeping Beauty, Cinderella and Swan Lake, comprise Act One. Dancers will perform to songs from the Beatles in Act Two. The third act is entitled Strauss in the Park, a fun and uplifting ballet to the music of Johann Strauss. For tickets and information, contact 303-1105 or infinityballet@bellsouth.net.

GHA \$13-\$15 Sun May 16

Town of Garner and Raleigh Concert Band Cosponsored Free Concert

3pm

Dubbed "The State Capital Band" for its years of public service, the Raleigh Concert Band returns for a FREE spring concert! For over 30 years the band has brought together people from all walks of life who have one very important common love: making music. Warning: Their love is infectious.

GHA Free

Sun May 23 2pm

Center Stage Recital

Celebrating its 28th season of teaching dance, Center Stage brings its popular recital to the Garner Historic Auditorium. Expect great choreography and spectacular dancing! You do not need to know someone to enjoy the show. For tickets or more information, call 779-5242 or visit the office at 411 Coldwater Dr.

GHA \$10 per show

Sun Jun 6 1:30pm, 4pm, 7pm

DL Productions: The Praying Barber

Based on a true story of a poorly-educated mother on welfare who decides to make a change not only for herself, but her daughter. The original play traces her struggles from poverty to prosperity. For tickets or more information, call 919-995-7487 or ActsoFavor@yahoo.com.

GHA \$10 Adults/\$5 Seniors

Fri & Sat Jun 18-19 7:30pm, doors open 7pm



The Praying Barber playwright, Debbie Royster

DeeJazz Music: A Chorus in Miracles

Composer/producer/performer, "DeeJazz", and author/motivational speaker, Hattie Mae Pembrook, team up with a host of musicians, singers, dancers and actors for a show guaranteed to awaken the spirit. These jazzy celestial songs will enliven your ears, eyes and soul!

GHA \$25 VIP Seats (rows 1-5)

\$20 Seats (rows 6-9) \$15 (rows 10-19)

Sat Jun 26 7pm

doors open 6:15pm

Praywright Productions: Father, Can You Hear Me?

Appropriate for all ages, this inspirational play sensitively explores the trials of a young, abused girl as she seeks help. Drama, original songs, dance and ministry not only tell the story, but entertain and educate the audience.

GHA \$12 advance/\$15 door

\$10 group rates for 10 or more

Sat-Sun Jul 24-25 4pm

Rev. Harvey Jones & the Triangle Starlights 32nd Gospel Anniversary

One of the most talented, spirited, respected and beloved gospel groups in the area, The Starlights will celebrate their 32nd Gospel Anniversary with a show that will gather together numerous acts from around the region. Let your spirit soar!

GHA \$8/children under 10 free

Sun Jun 27 5pm, doors open at 4pm

Town Players of Garner & the Town of Garner Cosponsored Theatre Camps Musical: Disney's Beauty & the Beast Jr.

Brainy and beautiful Belle yearns to escape her provincial life...and her brutish suitor, Gaston. Belle gets more adventures than she bargained for when she is imprisoned in the Beast's enchanted castle! Dancing flatware, menacing wolves, and singing furniture fill the stage with thrills in this beloved fairy tale about very different people finding strength in one another and learning how to love. Music by Alen Menken; lyrics by Howard Ashman and Tim Rice; book by Linda Woolverton. For more information, go to www.towneplayers.org.

GHA \$12 adults/\$10 seniors & students

\$8 group rates for 10 or more

Thu-Sat Aug 5-7 8pm Sat Aug 7 2pm



Camp actress gets ready for a show, Photo by Ken Hall

Volunteers, from distributing flyers to ushering to welcoming people at the door, the Auditorium needs you! Call 661-4602 or email

bcrews@garnernc.gov to see how you can help.

Youth Theatre Camps



Participants Perform During Last Year's Camp
Photo by Ken Hall

Town of Garner & the Towne Players of Garner Cosponsored Production Camp

(Ages 12-18) Towne Players Artistic Director Beth Honeycutt possesses a particular affinity for working with young people, eliciting performances from them that their adult counterparts can only envy and applaud. Honeycutt teaches, directs, inspires and enchants. Students must audition for this advanced acting class/production, but there are no fees. Auditions will be held on May 3 and 4. For more information, contact 779-6144 or www.towneplayers.org.

GHA Free by audition

Auditions:

Mon & Tue May 3 & 4 6-9pm

Camp:

Mon-Thu Jul 12-15, 19-22, 26-29 6-9pm Mon-Wed Aug 2-4 6-10pm

Shows:

Thu-Sat Aug 5-7 6-10pm, show at 8pm Sat Aug 7 1-4pm, show at 2pm

Towne Players of Garner & the Town of Garner Cosponsored Theatre Basics Camp

(Ages 5-11) Attention, drama queens and kings! Channel your dramatic flair while learning theatre fundamentals in this fun and informative 3-week introductory course. Any student who wishes to continue, may join the Production Camp for the 4th and final week of evening rehearsals. For more information or to obtain a scholarship application, please contact 661-4602.

GHA \$100(R) \$125(NR)

Classes:

Mon-Thu Jul 12-15, 19-22, 26-29 4-6pm Mon-Wed Aug 2-4 6-8pm

Shows:

Thu-Sat Aug 5-7 7-10pm, show at 8pm Sat Aug 7 1-4pm, show at 2pm

Lobby Exhibits

Works are on view Monday through Friday, 1:30-5:30pm or at any Auditorium performance or rehearsal.

Main Lobby Exhibit ongoing through May: Garner Magnet High School Faculty Show

www.garnerhs.wcpss.net

May's GMHS Faculty Show should disprove forever the old cliché, "those who can't, teach." The talent of the faculty goes far beyond their teaching gifts which are considerable. While the visual arts faculty's creative efforts will be on display, the show will also include pieces by teachers in other fields. This is a rare opportunity to see the work of individuals who generally put the work of their students first.



Artwork by GMHS Teacher Ben Olin

June-July Main Lobby Exhibit: Kathryn Casper

www.emergingartistgalleries.com/casper

Up until moving to North Carolina, peripatetic artist Kathryn Casper had never lived anywhere longer than 6 years. She has moved all over the United States as well as 5 foreign countries. Her 4-year stint in Tokyo followed by another 4 in Singapore profoundly influenced her work. She mingles the Asian with American to create uniquely spiritual works. "Creating is my passion...I create intuitively. As I work, each piece emerges as its own entity. My hope is that a piece I've begun is never finished and that the creative process continues with each person who views the work..."



Photo by Saskia Leary

August-September Main Lobby Exhibit: Saskia Leary

Saskialeary2@yahoo.com

Born in Amsterdam at the end of WWII, Saskia Leary grew up in Amsterdam and The Hague where she trained and worked as a librarian. She moved with her husband to the San Diego area where she taught computer skills to preschoolers. Now retired and living in the Triangle, Saskia Leary has discovered photography in a big way. She has won numerous prizes, sells her note cards at Cary Whole Foods, has been published in the News & Observer and has exhibited widely. "Much of my work is inspired by people and cultures I encounter in my travels as well as my own backyard."



Damsel and Dragons by Kathryn Casper

Preschool Nature



Making S'mores

Camping 101

(Ages 3-5) Join Parks & Recreation staff around the camp fire! We'll tell stories, play camping games and make s'mores! Parent participation is required. Min:6 Max:12

LBP \$5(R) \$7(NR)

Mon May 24 10-10:45am

Animal Tracking

(Ages 2-4) We'll make a craft and use all five senses in learning how to track our scaly, feathery, and furry friends. Min:6 Max:10

LBP \$5(R) \$7(NR)

Wed Jun 9 10-10:45am

Camouflaged Critters

(Ages 2-4) Do you ever wonder why some animals have brightly colored coats and others are dull? Join us in this interactive class to find out why mother nature provides her critters with a wide array of colors. Min:6 Max:10

WDP \$5(R) \$7(NR)

Wed Aug 18 10-10:45am

Eco Friendly Art

(Ages 2-4) Learn why it's so important to Reduce, Reuse and Recycle! Then, we'll then make cool craft projects out of recyclable material.

Min:6 Max:10

WDP \$5(R) \$7(NR)

Wed Sep 1 10-10:45am

Unless otherwise noted, parents are required to attend all preschool programs (ages 18 months-5 years).

Preschool Art

Fun with Fingerpaint

(Ages 2-5) Learn messy (and fun) painting techniques! Don't forget your smock or old clothes.

Min:6 Max:12

ASA \$5(R) \$7(NR)

Wed May 26 10-10:45am

Father's Day Gifts

(Ages 3-5) Don't forget about Dads! They deserve something special on their day. Join us as we make gifts and cards just for Dads! Min:6 Max:12

ASA \$5(R) \$7(NR)

Mon Jun 14 10-10:45am

Preschool Jewelry Making

(Ages 3-5) Join us as we make bracelets and necklaces out of a variety of materials made just for preschoolers. This is a great opportunity for preschoolers to work on their fine motor skills!

Min:6 Max:12

ASA \$5(R) \$7(NR)

Mon Jun 28 10-10:45am Thu Aug 12 6-6:45pm

Edible Art

(Ages 2-5) In this fun class it's okay to play with your food. We will fingerpaint with pudding and use candy, cookies and fruit to make other edible crafts. Please notify Parks & Recreation staff about any food allergies. Min:6 Max:12

ASA \$5(R) \$7(NR)

Mon Jul 12 10-10:45am

Hurray for Clay

(Ages 2-5) Create a work of art in this two-part, clay sculpting class. During the first class, children will sculpt using clay. In the second class, they will have an opportunity to paint their creations. Min:6 Max:12

ASA \$6(R) \$8(NR)

Mon Aug 23 & 30 10-10:45am



Hands On Fun

reschool

Preschool Gymnastics

Gymnastics classes are held at Artistic Gymnastics, located at 3315 Anvil Place, Raleigh 27603, 772-9463.

Parent Tot Gymnastics

(Ages 18 months-3 years) Experience the joy of jumping, swinging, and rolling using gymnastics equipment. Parent participation and supervision is required. Min:3 Max:12

Artistic Gym \$18(R) \$23(NR)

Thu Jun 10-24 10-10:30am

Preschool Gymnastics-Morning Session

(Ages 3-5) Motor skills, coordination, strength and flexibility are developed in a fun and exciting environment. Preschoolers are challenged on age appropriate obstacle courses using gymnastics apparatus. Min:3 Max:12

Artistic Gym \$22(R) \$29(NR)

Tue Jun 8-22 9:15-10am

Preschool Gymnastics-Evening Session

(Ages 3-5) Similar to the morning session, motor skills, coordination, strength and flexibility are developed in a fun and exciting environment. Preschoolers are challenged on age appropriate obstacle courses using gymnastics apparatus. Min:3 Max:12 Artistic Gym \$22(R) \$29(NR)

Aitibile Gyiii \$22(11) \$29(1111)

Tue Jun 8-22 7:15-8pm

Preschool Camps

Preschool Sports Camp

(Ages 4-5) Get ready for football, t-ball, basketball and more! In this three day mini-camp, preschoolers will learn a variety of skills, while emphasizing the importance of teamwork and sportsmanship. Please bring a water bottle each day. Min:6 Max:12

ASRC \$25(R) \$32(NR)

Tue-Thu May 18-20 9:30-11:30am

Preschool Art Camp

(Ages 4-5) Get ready to cut, glue, color and paint! During this mini camp preschoolers will create a variety of projects while incorporating letters, numbers, colors, and shapes. Dress for a mess! Min:6 Max:12 ASA \$25(R) \$32(NR)

Tue-Thu Aug 10-12 9:30-11:30am

For the most up-to-date class information, please check our website at www.GarnerNC.gov.

Drop In Programs

What Are Drop In Programs?

Drop In Programs are the perfect activity to keep your preschooler busy during the week. Preregistration is not required.

Preschool Open Art

(Ages 2-5) Feeling creative? Craft some amazing masterpieces. We will provide all the supplies including scissors, glue, clay and paints. Dress for a mess.

ASA \$1 per child/session

Thu May 6-Sep 2 10-11am

Preschool Open Gym

(Ages 2-5) Meet new friends and join the fun at the Avery Street Gym. We will provide plenty of things with which to play and climb in, around and over.

ASRC \$1 per child/session

Tue May 4-Aug 31 10-11am

White Deer T.O.T.s

(Ages 2 & Up) Keep your "tots on target" in a parent -child experience that combines children's literature and nature explorations to spark the imagination and encourage an appreciation of the natural world. Dress for the weather. These free story times are made possible by volunteer Lisa Plante and a grant from Target. A parent or guardian must accompany the child. Pre-registration is required. Max:10

Leapin' Lizards

You and your child will be leaping like lizards when we "become" the lizard in a book and then later look for lizards in the sun!

WDP Free

Fri May 14 10-11am

Crazy 'bout Cardinals

Discover what it's like to be a young cardinal growing up in a park. Then we'll venture into White Deer Park in search of cardinals and their habitats.

WDP Free

Fri Jun 18 10-11am

Lovebug Ladybugs

Imagine yourself and your little lovebug as ladybugs with an adventure through a book about these lovely beetles. Then we'll venture into the gardens to look for ladybugs hard at work.

WDP Free

Fri Jul 23 10-11am

Flutter by Butterflies

We'll flutter like butterflies around the meadow after hearing a special story about these flying flowers. Meet at the Homestead Shelter.

WDP Free

Fri Aug 20 10-11am

Specialty Programs

Princess Tea Party

(Ages 2-5) Enter a world of imagination as we gather for a royal tea party. Dress in your fanciest princess costume and enjoy juice and snacks. Princesses will make a sparkly crown to wear during this magical event. Min:6 Max:12

ASA \$5(R) \$7(NR)

Tue May 18 6-6:45pm



Princess Tea Party

Junior Detectives

(Ages 3-5) Who stole the cookie from the cookie jar? We'll solve the mystery by following footprints and lifting fingerprints. Parent participation is required. Min:6 Max:12

ASA \$5(R) \$7(NR)

Thu Jun 24 6-6:45pm

Pirate Treasure Hunt

(Ages 3-5) Ahoy, matey! Get ready to search for the loot. Each pirate will make a craft and follow the treasure map to find Black Beard's hidden treasures. Min:6 Max:12

ASA \$5(R) \$7(NR)

Thu Jul 22 6-6:45pm

Homemade Ice Cream

(Ages 3-5) Let's celebrate the end of summer with an ice cream party! We will experiment with different flavors to make homemade ice cream.

Min:6 Max:12

ASA \$5(R) \$7(NR)

Thu Aug 19 6-6:45pm

Unless otherwise noted, parents are required to attend all preschool programs (ages 18 months-5 years).

Picnic with Professionals

(Ages 2-5) Each Wednesday for 5 weeks a professional from Garner will come out to White Deer Park to meet local preschoolers. Bring your picnic basket and a blanket or lawn chair. **Older siblings welcome!**

WDP FREE!

Garner Police Officer

Come meet Garner's Crime Prevention Officer Troy Young. Officer Young will put on a puppet show and answer questions about being a Police Officer.

Wed Jun 23 11:30am

Garner Firefighter

Ever wonder what it's like to fight a fire. Come meet a local Firefighter and see some of the equipment they use to keep Garner safe.

Wed Jun 30 11:30am

Public Works

Members of Garner's Public Works Team will be out at Lake Benson Park to show preschoolers how they keep Garner clean. Preschoolers will get a chance to explore a street sweeper and other equipment they use.

Wed Jul 7 11:30am

SPCA Worker

Join the SPCA of Wake County for animal songs, rhymes and stories! Children will learn about items used for the care of a pet and how to interact with pets in a safe and respectful way.

Wed Jul 14 11:30am

Garner EMT

Come meet members of the Garner EMS & Rescue Squad. Paramedics will be on hand to answer questions about being an EMT and show children the equipment they use to save lives.

Wed Jul 21 11:30am



Yes, It is a Real Fire Truck

Preschool Sports

Please indicate on your registration form if you are registering for the 5pm or 6pm session of Preschool Sports.

Preschool Soccer

(Ages 4-5) Experience the fun of youth sports while learning the basics skills of soccer and the differences between offense and defense. Min:8 Max:12

ASRC \$10(R) \$13(NR)

 Wed
 May 5-19
 5-5:45pm

 Wed
 May 5-19
 6-6:45pm

Preschool Tennis

(Ages 4-5) Preschooler will receive a basic introduction to tennis. Basic strokes will be taught and hand -eye coordination will be emphasized. Min:8 Max:12

CRTC \$10(R) \$13(NR)

Wed May 26-Jun 9 5-5:45pm Wed May 26-Jun 9 6-6:45pm

Preschool T-Ball

(Ages 4-5) Hitting, throwing and fielding are introduced during these t-ball classes. Min:8 Max:12

ASRC \$10(R) \$13(NR)

 Wed
 Jun 16-30
 5-5:45pm

 Wed
 Jun 16-30
 6-6:45pm

 Sat
 Aug 7-21
 10:30-11:15am

Preschool Basketball

(Ages 4-5) The fundamental skills of basketball and the importance of having fun will be emphasized. Min:8 Max:12

ASRC \$10(R) \$13(NR)

 Sat
 May 8-22
 10:30-11:15am

 Wed
 Jul 7-21
 5-5:45pm

 Wed
 Jul 7-21
 6-6:45pm

Preschool Floor Hockey

(Ages 4-5) Focusing on motor skills and participation, this class will provide a solid introduction to floor hockey. Min:8 Max:12

ASRC \$10(R) \$13(NR)

Wed Jul 28-Aug 11 5-5:45pm Wed Jul 28-Aug 11 6-6:45pm

Preschool Flag Football

(Ages 4-5) Learn the fundamentals and fun of football. This class will give an introduction to catching, throwing, running and kicking a football.

Min:8 Max:12

ASRC \$10(R) \$13(NR)

Wed Aug 18-Sep 1 5-5:45pm Wed Aug 18-Sep 1 6-6:45pm

PRE Preschool Sports

(Ages 3-4) Your preschooler will be introduced to a variety of sports to prepare your child for *Preschool Sports*. The importance of teamwork, proper teaching fundamentals, fun in youth sports and full participation are emphasized. Min:8 Max:12

ASRC \$10(R) \$13(NR)

 Sat
 May 8-22
 9:30-10:15am

 Mon
 Aug 2-16
 10-10:45am

 Sat
 Aug 7-21
 9:30-10:15am

A waitlist will be formed for Preschool Programs that have met the maximum. You may be added to the waitlist by visiting the registration page of each program or contact Nicole Sweat at 773-4441.

Mini Kickers

(Ages 4-5) Mini Kickers is an instructional based soccer league for preschool age children that will provide a true team experience. Each child will have an opportunity to participate in 5 practices which will develop basic soccer skills and 3 games with his or her teammates and coaches. Children will be taught the fundamentals of the game while exhibiting good sportsmanship and teamwork. All children will be required to wear shin guards. No cleats please! A required parents' meeting and player evaluation will take place on Tuesday, June 1 at 6pm. Registration deadline is June 1.

Min:14 Max:28

ASRC \$35(R) \$42(NR)

Sat Jun 5-Jul 31 9:30 or 10:30am * There will be no practice on Saturday, July 3.

Youth Specialty Camps

Digital Photo Camp

(Ages 10-15) Learn how to create great pictures with this hands on camp taught by an award winning photographer. We will combine classroom workshops with photo shoots in the field. Daily field trips will provide you the opportunity to create photos all over town. Participants must bring their own digital camera and user manual. Min:6 Max:12

ASRC \$85(R) \$110(NR)

Mon-Fri Jun 21-25 8:30am-12:30pm

Nature Camp

(Ages 6-10) Join us for a week in nature and explore White Deer Park along with the surrounding natural areas. We'll learn about everything from plants to birds, go on nature hikes, play games and even learn how to become an animal. Each camper should bring a water bottle and insect spray.

Min:6 Max:12

WDP \$50(R) \$65(NR)

Mon-Fri Jul 19-23 9am-12pm

After School Program at Avery Street Recreation Center

After School Program

(Ages 5-17) This free afterschool program is open to all youth actively attending a Wake County school. Children can play basketball or participate in other activities. Avery Street Recreation Center offers a safe, supervised environment each afternoon.

The program is open from 2:30pm-5:30pm Monday, Tuesday, Thursday and Friday. On Wednesdays, the program opens at 1:30pm to accommodate early release days. Also on Wednesdays beginning at 4:30pm basketball free play ends and the participants may go to the Avery Street Annex for Wii games and some friendly competition.

The After School Program at Avery Street Recreation Center gives children the opportunity to play, hang out with friends or just chill in an air conditioned facility. Like one participant surveyed recently said, "I like that there is no conflict and I can play ball for free."



A new feature of the program is our partnership with Protecting Healing and Teaching our Kids (P.H.A.T.) Kids mentoring program, which will allow children to get one on one attention from community volunteers. Mentors have been trained by the professionals of the P.H.A.T. Kids organization. They will offer help with homework, teach etiquette classes and lead discussions on social and life skills. The P.H.A.T. Kids Mentoring program takes place on Mondays from 4:30 to 6:30pm. For more information on P.H.A.T. Kids go to www.phatkidsmentoring.org.

There are other new activities being considered such as a running club, confidence building classes and a computer lab.



Guest Speaker Motivating the Children



Grabbing a Rebound After School

Easier to Walk from NGMS

As part of the School Acres Initiative and our partnership, it is now even easier and safer to walk from North Garner Middle School to the program. By removing sections of fence and trimming trees, there is a clear path next to the baseball field from the school to the center.

How to Register

A parent must come to the Avery Street Recreation Center and complete a registration form for their children. Any student 15 or older must provide proof that they are attending an area high school.

During the Summer

Once traditional calendar school year ends, the following schedule will be in place. The hours of the program will not change, however, the available activities will be different. The main modification is that basketball free play will be available from 3:00 to 4:30pm.

Daily Summer Schedule for After School Beginning June 14

| Mondays |
|---------|
|---------|

2:30-3:00pm Games & Art in Annex

3:00-4:30pm Gym Time

4:30-5:30pm Game Room in Annex / Field Games

4:30-6:30pm PHAT Kids Mentoring

Tuesdays, Thursdays & Fridays

2:30-3:00pm Games & Art in Annex

3:00-4:30pm Gym Time

4:30-5:30pm Game Room in Annex / Field Games

Wednesdays

1:30-3:00pm Games & Art in Annex

3:00-4:30pm Gym Time

4:30-5:30pm Game Room in Annex / Field Games



Camp Kaleidoscope

Summer is a time for fun, making friends and playing outdoors. Camp Kaleidoscope does that and much more. We will explore the natural world at White Deer Park while discovering hidden talents as campers try new activities and play new games at the Avery Street Recreation Center and Annex. To encourage creativity and challenge the imagination, youth will develop art and craft projects throughout the week. With exciting themes and a fresh approach to camp, each week will be a new adventure used to create special summer memories.

Camp Kaleidoscope is based out of the Avery Street Recreation Center and begins on Monday, June 14. We welcome campers who have completed grades kindergarten through seventh. The doors to fun open each morning at 7:30am, and we expect children to be picked up by 6pm. Campers must bring their own lunch and afternoon snack each day. The weekly fee for Town of Garner residents is \$75 per child and \$98 for non-residents. In order to ensure everyone has a great time and we maintain our 1 to 12 ratio, there is a maximum of 48 children per week. We offer financial assistance for Garner residents with limited financial resources. We also have a weekly deposit system in place to assist with budgeting for the entire summer. Join us for Camp Kaleidoscope and see camp in a new light.

ASRC/ASA \$75(R) \$98(NR)

Mon-Fri Jun 14-Aug 20



See the Sparkle in Their Eyes After a Day at Camp

A New Adventure Every Week

| | | . |
|------|----------------|----------------------------|
| Neek | Date | Theme |
| 1 | June 14-18 | Lights! Camera! Action! |
| 2 | June 21-25 | Camp Kaleidoscope Olympics |
| 3 | June 28-July 2 | Around the World in 5 Days |
| 4 | July 5-9 | When I Grow Up |
| 5 | July 12-16 | Did You Know? |
| 6 | July 19-23 | Art in the Park |
| 7 | July 26-30 | The Great Outdoors |
| 8 | August 2-6 | Mystery Week |
| 9 | August 9-13 | Carnival Week |
| 10 | August 16-20 | Create Your Own Adventure |



Enjoy a Summer of Fun with Garner Parks & Recreation

Financial Assistance Program

In order to assist the children of families with limited financial resources, the Town of Garner has established a financial assistance program. Children of Town residents, who are under the age of 18, may qualify for a 50% fee reduction of the program registration fee for programs with a fee of \$20 or more. Please contact the Parks and Recreation Department for complete details and an application.

7:30am-6pm

Youth Programs

Self Defense for Kids

(Ages 6-12) Taught by a Garner Police Officer, this class will teach participants how to avoid bully attacks and, if necessary, defend themselves from an attack or abduction attempt. This class will focus on the 3 D's of self defense: Detect, Deter, Defend. Min:6 Max:12

ASA \$5(R) \$7(NR)

Tue Jun 22 6-8pm

Tye Dye

(Ages 6-12) Celebrate summer with a brand new tye -dye shirt. Learn to make cool designs, mix colors and create a shirt of your very own. Shirts are provided. Min:5 Max:15

ASA \$10(R) \$13(NR)

Tue Jun 29 6-7pm

Knights and Squires

(Ages 6-12) Come learn how to joust and make a tunic and shield. We will learn all about Knights, Squires and Chivalry, while having fun and making friends. Min:5 Max:12

Mother/Daughter Tea Party

(Ages 5-12) Make Mother's Day weekend special and learn etiquette together! This mother/daughter class will teach the basics of table manners, proper introductions and table settings, all while having fun. We will provide garden party dress up and a back drop for photo opportunities. Min:4 Max:12

ASA \$24(R) \$32(NR) Sat May 8

11-12:20pm

Afternoon Tea Party

(Ages 5-12) Join us and The Refinement Studio for a hands on etiquette Tea Party. Participants will dress up, drink tea, and eat cookies while learning about proper introductions, table settings, and table manners. There will be plenty of photo opportunities, so be sure to bring your camera. Min:4 Max:12

New!

M

ASA \$24(R) \$32(NR)

Sat May 8 1:15-2:35pm

Youth Nature

All About Animals

(Age 6-10) Come out to White Deer Park and learn about all the animals that live there. We will go on a scavenger hunt as animals in order to learn what they eat, how they get around, where they live and how they interact with each other. Min:5 Max:12

WDP \$5(R) \$7(NR)

Thu May 27 6:30-7:30pm

Roughing It

(Age 6-10) Learn what it takes to spend the weekend in the woods! We'll pitch tents, build a fire with candy and learn how to leave no trace that we were there.....all while having fun. Min:5 Max:12

LBP \$5(R) \$7(NR)

Thu Jun 3 6:30-8pm

Bugs, Dirt and Logs!

(Age 6-10) Come out to White Deer Park prepared to get dirty! We will roll over logs, dig in the dirt and go on a nature hike, all while learning about the habitats of the animals that share our park.

Min:5 Max:12

WDP \$5(R) \$7(NR)

Thu Jun 10 6:30-7:30pm

Youth Cooking

Fruit Pie

(Age 6-12) You will love to learn to cook with this old family recipe. Min:5 Max:12

ASA \$5(R) \$7(NR)

Tue Aug 10 6-6:45pm

Banana Splits

(Age 6-12) Learn to make this classic dessert and enjoy it in the hot August weather. Min:5 Max:12

ASA \$5(R) \$7(NR)

Tue Aug 17 6-6:45pm

Crispy Cookies

(Age 6-12) Snap! Crackle! Pop! Rice Crispy cookies are a fun way to enjoy your favorite cereal.

Min:5 Max:12

ASA \$5(R) \$7(NR)

Tue Aug 24 6-6:45pm

Pizza

(Age 6-12) Make your very own English Muffin Pizza. We'll provide the toppings and participants will be the cooks Min:5 Max:12

ASA \$5(R) \$7(NR)

Tue Aug 31 6-6:45pm



Having Fun in the Kitchen

ZOTTI P

Adult Art & Education Classes

Mother/ Daughter Card Making Workshop

Looking for a bonding experience with your daughter, age 10 & over? Learn how to make cards together by using punches, embossing, cutting, and some stamping. Spend an afternoon creating a possible new hobby to share. Supplies are included. Karel Standish, volunteer instructor. Min:5 Max:10

GSC \$10(R) \$12(NR)per person Sat May 15 1-4pm



Create Cards with Your Daughter

Painting Your Furry and Feathered Friends

Working from their own photos of their pets or from photos of animals/birds supplied by the instructor, students will first learn to draw a picture on a large canvas, while using their small photo as a guide. This class will include color mixing, painting backgrounds, composition, laying out the color palette, and the techniques for painting the textures of fur and feathers and much more. Instructor: Marcelle Hooks. Min:5 Max:10

GSC \$48(R) \$64(NR)

6-8:30pm Thu May 13-Jun 3

NEW! Garner Arts Guild **Organizational Meeting**

The Greater Garner Arts Guild hopes to attract beginner and established 2D visual artists from Garner and surrounding areas. If you have interest in painting, drawing, printmaking or photography, please join us for our first planning meeting on Tuesday, May 18 at 7pm at the Garner Senior Center. For more information, please contact: Torrey Blackmar, 779-0122

Supplies for Painting Classes

Students will need to purchase a table easel and canvas. Supply lists are available through the Garner Senior Center. Supplies are available through the instructor for a fee. This can ease the expense for the beginner who may not want to invest money in supplies before trying this new hobby for the first time. Please indicate at the time of registration if you would like the instructor to supply items. Students will still be responsible for providing canvas and a table easel.

Painting Still Life and Landscapes

Working from their own photos or from photos of still life and landscapes supplied by the instructor, students will learn the basics for composing a still life, painting backgrounds, color mixing, the techniques for making objects recede and come forward, laying out the color palette and much more. Also, we will talk about framing considerations for the finished pieces. Instructor: Marcelle Hooks. Min:5 Max:10

GSC \$72(R) \$94(NR)

Thu Jun 17-Jul 22 6-8:30pm

"Drawing 101" Pre-Requisite for Portraits

This drawing class will give the student a technique using a grid to draw anything from landscapes, buildings, people, and animals with great accuracy. The concept used is a simple, easy to understand way to get a good likeness for drawing anything. You will learn to scale and enlarge your drawing from a smaller photo reference to a larger canvas or paper. This class may be taken separately (without the portrait class that follows); however, it is a pre-requisite for the portrait class. (Students taking the portrait class should bring an 11x14 or 12x16 canvas to the drawing class.) Supply list available, or you may purchase materials needed from instructor. Please indicate your preference at registration.

Instructor: Marcelle Hooks Min: 5 Max:10

GSC \$25(R)\$32(NR)

Thu Aug 5 & 12 6pm-8:30pm

"Painting Portraits in the Classic Style"

(Students must have taken the class "Drawing 101") An academic approach that takes the mystery out of the portrait painting, this class is said to be "student friendly." Students will learn to paint portraits using a gray-green under painting (verdaccio) just as the Italian Old Masters used. They will learn to mix and apply the under painting and flesh palettes. Backgrounds, clothing and much more will be covered. Students new to this technique are asked to paint a copy of an Old Master from photo references supplied by the instructor. Come prepared to have a fun and exciting painting experience.

Instructor: Marcelle Hooks Min: 5 Max: 10

GSC \$72(R) \$94(NR)

Thu Aug 19-Sep 23 6-8:30pm

Garner Photography Club

Spring and Summer provide many opportunities to create pictures. Join this group of local photographers to share tips and offer peer critiques from the photos taken at photo shoots around town. All skill levels are welcome. The club meets on the 2nd and 4th Mondays of the month. Since some meetings are on location, please call Rob Smith at 773-4438 to confirm time and location.

ASA Free 2nd & 4th Mon

Mav-Aug 7pm

Adult Fitness

Registration Deadlines for all Adult Fitness Classes is 5 days prior to first scheduled class.

Belly Dancing

The graceful hip drops, rolls and pivots of this dance form utilizes muscle groups in the abdomen, pelvis, trunk, spine and neck. Tone your muscles, improve posture, balance, poise and self image in this non-impact way to exercise. Belly dancing is enjoyed by everyone regardless of size, fitness or skill level. Instructor: Yavonya McLean (Miss Kitty).

Min:10 Max:30

GSFA \$35(R) \$46(NR)

Mon Aug 16-Sep 27 7-8pm

(no class Sep 6)

Body Sculpting

Redesign your body to one that's sleek and toned while boosting your metabolism. A non-impact workout that combines the use of dumbbells, bands, tubes and your own body weight to build strong, toned muscles, prevent osteoporosis and burn fat and calories. All fitness levels are encouraged to enroll. Please bring a mat to class. Instructor: Angie Smith, Min:17 Max:50

GSFA \$13(R) \$16(NR)

Thu May 13-Jun 3 6-7pm Jun17-Jul 8 6-7pm Jul 22-Aug 12 6-7pm Aug 26-Sep 16 6-7pm

8 Week Training Program for 5K-Beginners

(Ages 16 & Over) 5k training is a fun way to start running, lose weight and feel great. Ease yourself into a running program gradually. In just two months, you can be ready for Garner's White Deer Dash which will be held on August 21. This program meets twice a week and will include walking, jogging and interval training. We will end each session with a structured stretching segment. You will be provided with a weekly running log, exercise schedule and nutrition suggestions. Bring a water bottle, yoga mat and lace up your shoes to get ready to have some fun! In case of foul weather, class will be held at GSFA. Instructor: Kara Crooks. Min:20 Max:25

LBP \$50(R) \$67(NR) Wed & Fri Jun 16-Aug 18

(no class Jul 2)

6-7am

It is the responsibility of the participant to consult a physician before enrolling in classes. Adult Fitness classes are for participants ages 18 & over unless otherwise noted.

Cardio Fat Blaster

This class combines heart pumping cardio and total body sculpting moves designed to burn fat and reshape your body. Please bring a mat to class. Instructor: Angie Smith. Min:17 Max:50

GSFA \$13(R) \$16(NR)

Wed May 12-Jun 2 5:30-6:30pm Jun 16-Jul 7 5:30-6:30pm Jul 21-Aug 11 5:30-6:30pm Aug 25-Sep 15 5:30-6:30pm

AM Cardio Fat Blaster

Min:10 Max:20

Instructor: Angie Smith

ASRC \$18(R) \$23(NR) Mon May 3-Jun 14 9:45-10:45am

(no class May 31)

Jun 28-Aug 9 9:45-10:45am

(no class July 5)

Aug 23-Oct 4 9:45-10:45am

(no class Sep 6)

AM Cardio Kick Boxing

Get Fit Without Getting Hit. A high intensity workout mimicking kicks, punches and jabs from kickboxing and martial arts. Instructor: Kara Crooks

Min:10 Max:20
ASRC \$18(R) \$23(NR)
Wed May 5-Jun 9
Jun 23-Jul 28
Aug 11-Sep 15

Sew!

9:45-10:45am
9:45-10:45am
9:45-10:45am

Hip Hop

(Ages 16 & Over) Enjoy this hip version of aerobics! Combine attitude, street style and easy to follow dance moves to today's hot fresh music. This class is guaranteed to have you working out and not watching the clock. All fitness and skill levels are welcome. Instructor: Tina Petway. Min:10 Max:25

GSC \$35(R) \$46(NR)

Mon Jun 21-Aug 2 6:15-7pm

(no class Jul 5)

Aug 16-Sep 27 6:15-7pm

(no class Sep 6)

Fitness Room Located at the Garner Senior Center

Our fitness room is only available for use by members ages 18 & over. We have treadmills, exercise bikes, elliptical machine and a weight system. A scheduled orientation is required prior to obtaining membership. Contact Nancy Hulbert at 661-6893 or nhulbert@garnernc.gov for a training appointment.

GSFA \$12/month Mon-Thu 5-8pm

Adult Fitness

Registration Deadlines for all Adult Fitness Classes is 5 days prior to first scheduled class.

Hoola Hooping

Hooping is exercise like you've never done before. Namely, it's fun and unique. Make no mistake, it is a workout. Hooping is aerobic exercise that will tone your abdominals, increase cardiovascular stamina and strengthen core muscles. It's been proven that hooping can burn up to 110 calories in 8 minutes, as many calories as running an 8-minute mile. We will provide oversized hoops that are easier to control. M

SNew!

Instructor: Karen Tiede. Min:10 Max:25

GSFA \$35(R) \$46(NR)

Mon Jun 21-Aug 2 7-7:45pm

(no class Jul 5)

Line Dance Party

Come enjoy the fun and "Spring into Summer" with 2 hours of line dancing, many styles of music, and two talented instructors. (No food or drink in the gym and no one under 16 allowed in the building).

GSFA \$3 at the door

Fri May 14 6:30-8:30pm



AM Step & Sculpt

Push your fat burning system into high gear by utilizing a step as an effective training tool. You control how hard you work by adjusting the height of the step. An energizing low impact workout with an emphasis on hips, thighs, abdominals and buttocks, combined with upper body sculpting exercises, results in the ultimate full body conditioning class. An exercise mat needed. Instructor: Angie Smith. Min:10 Max:20

ASRC \$18(R) \$23(NR)

Fri May 7-Jun 11 9:45-10:45am Jun 25-Aug 6 9:45-10:45am

(no class July 2)

Aug 20-Sep 24 9:45-10:45am

It is the responsibility of the participant to consult a physician before enrolling in classes. Adult Fitness classes are for participants ages 18 & over unless otherwise noted.



Join the Zumba Craze

Zumba

Zumba fuses hypnotic Latin rhythms, and easy to follow moves, to create a dynamic fitness program that will blow you away. Achieve long term benefits, while experiencing an absolute blast, in this exhilarating hour of calorie burning, body energizing, crazy and inspiring fitness party. Check it out at www.zumba.com. Instructor: Nora Milley.

Min:17 Max:50

GSFA \$13(R) \$16(NR) Mon May 3-May 24 6-7pm Jun 7-28 6-7pm Jul 12-Aug 2 6-7pm Aug 16-Sep 13 6-7pm

(no class Sep 6)

Due to popular demand-a 2nd night of **Zumba on Thursdays**

Min:17 Max:30 Instructor: Erin Ramsev

ASRC \$13(R) \$16(NR) Thu May 6-27

6-7pm Jun 10-Jul 1 6-7pm Jul 15-Aug 5 6-7pm Aug 19-Sep 9 6-7pm

AM Zumba

Min:10 Max:25

Instructor: Vanessa Pietras ASRC \$18(R) \$23(NR)

9:45-10:45am Tue May 4-Jun 8 Jun 22-Jul 27 9:45-10:45am

Aug 10-Sep 14 9:45-10:45am

Zumba Party

Ditch the workout and join the party with the area's hottest Zumba instructors. (No food or drink in the gym and no one under 16 allowed in the building.)

GSFA \$3 at the door

Fri May 21 6:30-8:30pm Jun 18 6:30-8:30pm Jul 23 6:30-8:30pm Aug 27 6:30-8:30pm

The Creative Movement

The Creative Movement

Town of Garner Parks and Recreation Department has created a program for adults 16 and older with developmental disabilities. New members are always welcome! For more information, please contact Torrey Blackmar, 779-0122.

The Creative Movement Class

The Creative Movement promotes physical and social activity for those who have mental, physical or social challenges, ages 16 and older. Caregivers and family members are required to stay with the participants during programming and are encouraged to participate. Music, dance, and more....Enjoy open expression while getting in shape.

GSFA Free

Tue May 4-Jun 8 6-7pm

Adult Fitness

Core Yoga

This class progresses from gentle flowing movements which are linked to the breath to more powerful core poses. Enjoy the combination of poses designed to gently stretch and strengthen the body. We end with a restorative deep relaxation that will revitalize you and bring peace to your day. No previous yoga experience required. Please bring a mat, pillow and blanket to class. Instructor: Kaye Yarbrough. Min:10 Max:20

AM Fusion

Yoga/Pilates Fusion is the best of both worlds. This class combines Yoga asanas and Pilates postures in a series of movements designed to increase flexibility, improve balance and proper alignment, develop healthy breathing and relieve stress. This class is appropriate for people new to Pilates and/or Yoga, as well as those who would like to integrate their prior experience. A mat needed. Instructor: Kaye Yarbrough/Pat Leto. Min:10 Max:20

ASRC \$36(R) \$47(NR)

Thu May 6-Jun 10 10:15-11am

Jun 24-Jul 29 10:15-11am

New! Aug 12-Sep 16 10:15-11am

Tai Chi

The ancient art of Tai Chi is moving meditation, where the mind centers itself on each movement, to produce an inner calm. Tai Chi exercise improves the energy flow within the body and its practice promotes balance, breathing, flexibility and physical control. Loose clothing is required. Beginners are welcome. Min:10 Max:30

GSC \$48(R) \$64(NR)

Tue May 18-Jul 6 7:15-8:15pm Jul 20-Sep 7 7:15-8:15pm

Pilates

Pilates is designed to tone, elongate and strengthen core muscles, while improving body awareness, posture and relieving stress. It is a perfect blend for all fitness levels, including athletes who wish to gain core and upper body strength, along with stretching exercises to prepare the body for your daily workout. All fitness levels are welcome. Please bring a mat to class. Min:10 Max:30

GSC \$48(R) \$64(NR)

Wed Jun 9-Jul 28 7:15-8:15pm Aug 11-Sep 29 7:15-8:15pm

AM Pilates

Instructor: Donna Granger

Min:10 Max:20

ASRC \$18(R) \$23(NR)

Wed May 5-Jun 9 12-12:45pm Jun 23-Jul 28 12-12:45pm Aug 11-Sep 15 12-12:45pm

Hatha Yoga

Balance the mind and body via physical postures, controlled breathing and relaxation. Hatha yoga improves physical health and clears the mind. Variations and modifications on postures will be introduced, along with utilizing props (blocks and straps), to help improve posture and proper alignment. This class uses a variation of poses to challenge all skill levels, beginners to advanced. Student must be able to move up and down easily from the mat. Please bring a mat to class. Instructor: Pat Leto.

Min:10 Max:30

GSC \$48(R) \$64(NR)

Wed Jun 9-Jul 28 6-7pm Aug 11-Sep 29 6-7pm

AM Hatha Yoga
Instructor: Pat Leto
Min:10 Max:20

ASRC \$36(R) \$47(NR)

Tue May 4-Jun 8 12:15-1pm Jun 22-Jul 27 12:15-1pm Aug 10-Sep 14 12:15-1pm

Senior Fitness

Dancercise Workshops

All are welcome to come and review the basic steps and terminology used in line dancing. Classes are held once a month and last for thirty minutes.

Instructor: Teresa VonCannon.

| GSFA | Free | |
|------|--------|----------|
| Thu | May 13 | 4:30-5pm |
| | Jun 10 | 4:30-5pm |
| | Jul 8 | 4:30-5pm |
| | Aug 12 | 4:30-5pm |

Introduction to Line Dancing

New line dancers start here to learn the basic steps and terminology of this popular form of exercise. This class meets for 8 weeks.

Instructor: Anne Davis. GSFA Free

Wed Jul 7-Aug 25 11-11:55am

Nancy's Nature Walks

Come with Nancy to enjoy many of the Triangle's wonderful parks. Work on balance, walking techniques, endurance and muscular strength with this supervised walk. You must be able to walk at least 1 mile to participate. Proper footwear and a water bottle are required. Please pre-register. A \$2 transportation fee is due the day of each trip. Each walk will depart from the Garner Senior Center at 8:30am. Min:6 Max:12

| Thu | May 27 | NC Art Museum, Museum |
|-----|--------|------------------------|
| | - | Park, Raleigh |
| | | (Bring bagged lunch) |
| Thu | Jun 24 | JC Raulston Arboretum, |
| | | Raleigh |
| Thu | Jul 29 | Clemmons State Park, |
| | | Clayton |
| Thu | Aua 26 | Hemlock Bluffs, Cary |

Reiki

Deborah Brown, ND, RM is now offering Reiki at the Garner Senior Center. Deborah is a naturopathic doctor and Reiki Master. She is the owner of Sunshine Health, a wellness center in Clayton. Reiki is a therapy for stress reduction and relaxation that promotes healing. Reiki is a luminous loving energy called "Universal Life Force Energy" that seeks out areas of imbalance in need of healing. Administered with gentle hand placements, the energy relaxes, energizes, increases mental clarity and focus and aids in detoxification of physical, mental and emotional toxins. Appointments necessary. Session will last 20 minutes.

GSFA \$10(R) \$12(NR)

Thu Jun 10 9am-4pm

Fitness Room Located at the Garner Senior Center

Our fitness room is available for use by members only. We have treadmills, exercise bikes, elliptical machine and a weight system. A scheduled orientation is required prior to obtaining membership. Contact Nancy Hulbert at 661-6893 or nhulbert@garnernc.gov for a training appointment.

GSFA \$10/month

Mon-Thu 8am-8pm Fri 8-5pm

Senior Hooping

Hooping is exercise like you've never done before. Namely, it's fun and unique. Make no mistake it is a workout. Hooping is aerobic exercise that will tone your abdominals, increase cardiovascular stamina, and strengthen core muscles. It's been proven that hooping can burn up to 110 calories in 8 minutes, as many calories as running an 8-minute mile. We will provide oversized hoops that are easier to control. Instructor: Nancy Hulbert.

Min:5 Max:15

GSFA \$10(R) \$12(NR)

Wed May 12-Jun 16 1:45-2:30pm

Chair Fitness-Special Class

This one hour Chair Fitness class, with Premier Presenters for IFTA (Interactive Fitness Trainers of America), stars our favorite video trainers, Jeff Borden and Gregg Sims.

GSC Free Mon Jun 14

n Jun 14 11:30am-12:30pm



Chair Fitness Instruction

TOPS

Take Off Pounds Sensibly is a non-profit organization that has offered a healthy, caring and supportive approach to weight control since 1948.

GSC Small fee payable to TOPS, Inc.

Mon 6pm

It is the responsibility of the participant to consult a physician before enrolling in classes.

Garner Senior Center Ongoing Programs

For class descriptions or more information, please call the Senior Center at 779-0122 All programs are Free.

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|----------------------------|---|---|
| 8:00 Indoor Walking | 8:00 Indoor Walking | 8:00 Indoor Walking | 8:00 Indoor Walking | 8:00 Indoor Walking |
| 9:00 Tennis-Off site | TBA Fun Golfers-Off site | 9:30 Table Tennis-doubles | 9:00 Tennis-Off site | 9:30 Chair Fitness-Video |
| 9:00 Horseshoes | 9:30 Senior Fitness with Nancy Hulbert | 9:30 Chair Fitness-video | 9:30 Senior Fitness with Karen Light | 9:30 Table Tennis-doubles (competitive) |
| 9:00 Intro to Pickleball with Claire Whitley | 2nd & 4th Tuesday is Zumba with Erin Ramsey | 10:00 Blood Pressure Check | 9:30 Shuffleboard | 11:30 Stretch & Flex with |
| 9:30 Chair Fitness-video | 9:30 Bocce | Nancy Hulbert | 12:30 Bowling-Off site | Pat Leto |
| 10:00 On the Mend | 10:00 On the Mend | 12:15 Chorus | 12:30 Card & Board Games | 12:30 Bridge |
| 10:30 Dancercise with Teresa VonCannon | 11:00 Line Dancing with Anne Davis | 1:00 Woodcarving | 1:00 Indoor Walking | 1:00 Hand & Foot (cards) |
| 12:00 Turtle Walking | 12:30 Bridge | 1:30 Canasta | 5:00 Evening Dancercise with | 1:30 Pickleball |
| With Ivalicy Halbert | 12:30 Indoor Walking | | Teresa VonCannon | 3:00 Badminton |
| 12:30 Pinochle/games | 1:00 Card Games | 2:30–3:30 Indoor Walking | | Center Closes at 5pm |
| 12:30 Bowling - Off site | 1:30 Pickleball | 4:00 Men's Basketball | | |
| 1:00-4:00 Wii Play | 3:00 Badminton | 6:30 Senior Fitness with | | |
| 2:00 Indoor Walking | CO DAGE | Angie Smith | | |
| 3:00 Basketball-Free play | | | | |
| 5:00 Stretch & Flex with Angie Smith | | | | |
| | | | | |
| | | | | |

Senior

èenior

Senior Special Events & Trips

Mother's Day Tea Party Sponsored by Fantastic Sams

Fantastic Sams (Walmart Shopping Center, Highway 401 S.) is preparing a special day for the first 30 that register. A special tea with mini-makeovers, giveaways and special loving care from the staff of Fantastic Sams. Please pre-register, space is limited. Min:10 Max:30

GSC Free

Tue May 4 2:30-4:30pm

Volunteer Training

All Garner Senior Center volunteers are requested to attend this important training provided by Garner Senior Center, Meals on Wheels and Resources for Seniors. We will review new volunteer needs and how to improve our current services, teamwork and best practices. You do not need to register for this training.

GSC

Tue Jun 15 8:30-10am

Volunteer Reception

To show our appreciation to all of our valuable volunteers who work on-site with Garner Parks & Recreation, Resources for Seniors and Meals on Wheels, our annual volunteer celebration will be catered by Lancaster's Barbeque and will include special entertainment. This event is by invitation only. Due to the large number of volunteers we have, we can not accommodate guests. Please RSVP by Monday, June 14.

GSC

Thu Jun 24 4-6pm



Golden Jubilee

Ride with us to the 14th Golden Jubilee Senior Expo where you can gather information about products that promote healthy living for people 50+ and their families. The Expo features an extensive range of services from over 150 exhibitors, free health screenings, some informative seminars and entertainment! Pre-register. Min:6 Max:24

GSC \$2

Wed May 5 8:30am-1:30pm

Durham Bulls Game

Let us "take you out to the ballgame" to watch Triple A, Minor League Baseball—at its finest. Fee includes a mid-grade ticket and transportation. There are two opportunities to cheer the Bulls to victory. A separate registration is required for each game. Min:6 Max:12

GSC \$10

Wed May 27-Rochester Redwings 6pm Thu Jul 15-Charlotte Knights 6pm

Carolina Mudcats

Summer is a great time for Double A Minor League baseball. Fee includes mid grade ticket and transportation. There are two opportunities to cheer the Mudcats to victory. A separate registration is required for each game. Min:6 Max:12

GSC \$13

Wed Jun 30-Jacksonville Suns 5:30pm Wed Aug 25-Birmingham Barons 5:30pm

Hinnant Farms Winery-Pine Level, NC

Hinnant Family Vineyards invites you back to more simple times. The cultivation of muscadine and scuppernong grapes into juice and wine is a real process. We will visit the vineyards during harvest and enjoy a back porch atmosphere. Registration fee includes a tour. An additional fee of \$5 for tasting. More advanced tasting is available at a fee of \$5. Min:6 Max:24

GSC \$5/Lunch on your own at McCall's Thu Aug 12 9am-2pm

20 Year Anniversary Celebration Thursday, July 8, 2010 4pm

The Garner Senior Center was opened on July 9, 1990 with a lot of community support. We will celebrate our success and all of the founders that made it possible.



Senior Programs

Senior Moments Book Club

Our senior book club explores different genres and authors. This group is sponsored by our beloved Southeast Regional Library. The library supplies the books for the group and will accommodate large print requests when possible. The club meets on the 3rd Wednesday of each month.

| GSC | Free | |
|-----|--------|---------|
| Wed | May 19 | 10:45am |
| Wed | Jun 16 | 10:45am |
| Wed | Jul 21 | 10:45am |
| Wed | Aug 18 | 10:45am |

Woodcarving

This established group assembles from all over the county. Members have different areas of interest: chip carving, carving in the round, and relief. Beginners and new members are welcomed. Volunteer instruction provided by Don Moyer and Danny Mills and peers.

GSC Free

Wed 12:30-4pm



Woodcarving at the Senior Center

Make It and Take It: Decorative Mini Birdhouse

Paint and decorate a wooden birdhouse to display in a window garden or potted plant. This would make a nice gift for someone and will tap into your creativity. Project supplies are included in the cost of the class. Min:5 Max:10

GSC \$5(R) \$7(NR)

Wed May 19 9:30-11am

Father's Day Cookout

What better way to celebrate Father's Day than to enjoy hotdogs on the grill, horseshoes on the lawn and lemonade in the shade? Hot dogs, fixings and drinks provided. Pre-register by Wednesday, June 16

GSC Free for Fathers/Other: Bring a side dish or dessert as admission

Fri Jun 18 3-5pm

Introduction to Computers

This class will review basic computer terms, operation of the mouse, keyboard and the Windows environment. Explore the computer's filing system and work on simple word processing techniques including cutting and pasting. Discover how email works and how to search the internet.

Min:4 Max:9

GSC \$50(R) \$60(NR)

Thu May 20-Jun 10 1:30-4pm

What's Cookin'?

The What's Cookin'? Series began last season as a cookbook entry taste test. We offered potluck events that included soups, appetizers, casseroles, desserts and the main course. Participants brought an original dish to share with others and a copy of the recipe for our cookbook, which is slated to be published in the fall. Out last chapter will be completed while fresh ingredients are available.

The Dog Days of Summer

As the weather is getting nice and fresh ingredients are available, we have some more cooking and eating to do. We invite you to bring a side dish, dessert or special vegetable dish with you to share. We will provide the hot dogs, drinks and fixings. Remember to bring the recipe for inclusion in the cookbook.

Don't forget to stay for the movie at 6pm.

GSC Admission: homemade or store

bought side, dessert or chips Jul 1 4:30pm

Thu Jul 1 4:30pm Thu Aug 5 4:30pm

Health & Wellness Programs at the Garner Senior Center Sponsored by Resources for Seniors (Ages 55+)

Caregiver Support Group

Are you providing care for a loved one with special needs? Share your experiences with others who understand.

GSC Free

2nd Thu 5:30-6:30pm

"Sharing Our Memories" Bereavement Support Group

Coping with the death of a loved one or longtime friend is one of the most difficult journeys we take in life. Come share your grief, listen and help process your pain. Co-Sponsored by Amedisys Hospice.

GSC Free

1st/3rd Mon 10am

Blood Pressure Screening

Do you know your numbers? Be prepared for your next doctor's appointment by having your blood pressure checked and recorded each week. This service is provided by medical volunteers.

GSC Free

Wed 10am

Diabetes Support Group

How is your sugar? Managing diabetes is a lifestyle. Come and join others who are embracing this challenge. Share ideas for enhancing your world everyday. Co-Sponsored by Kroger Pharmacy.

GSC Free

2nd Wed 10am

Life Writing Class

Writing about our lives makes us remember more and more of our actual experiences. Hearing our friends and neighbors read what they have written brings even more of the past to our minds. And our writings will be invaluable to children, grandchildren, great grandchildren, and care givers. Come join us.

GSC Free

Thu May 6, 13, 20 & 27 10am-Noon

Feed the Hungry?-Charity Scams

How can you know? How much, if any, of my money will reach a hungry child? This interactive program will bring us up to date on the latest con scams and teaches us how to avoid their traps. Stay safe. Cosponsored by Better Business Bureau.

GSC Free

Tue May 11 10am

Hearing Screenings

Co-Sponsored by Avada.

GSC Free

Wed May 26 9-11am

Speech Craft Class-Share Your Voice

Develop basic skills for voicing your stories, sharing your thoughts and advocacy. Co-Sponsored by BCP Toastmasters.

GSC Free

Thu Jun 10, 17, 24 & Jul 1 10am-noon

Living Happy to Age 102

Practices, habits, choices, attitudes and decisions of those who live happily past age 100. What is the connection? Co-Sponsored by Home Care Assistance.

GSC Free

Tue Jun 22 10am

Diabetic and Medical Supply Demo FREE Blood Sugar Check

FREE blood sugar checks and information about diabetes. Also, medical equipment resources will be available for those with questions or needs. Co-Sponsored by Tarheel Diabetic and Medical Supply.

GSC Free

 Wed
 Jun 23
 10am

 Tue
 Aug 24
 10am

Driving & Car Safety Week

Come and learn: safe driving, car safety, law enforcement. Co-Sponsored by the Garner Police, Wake County Sheriff, AARP.

GSC Free

Mon-Thu Jul 19-22 10am-noon

Hearing Screenings

Co-Sponsored by Belltone.

GSC Free

Mon Jul 26 9-11am

Who Pays for Long Term Care?

What information do I need to know? What questions do I need to ask? Co-Sponsored by City of Oaks. Call Janet at 661-6894 for more information.

GSC Free

Thu Aug 12 10am

Coffee Chat with the Funeral Director

What information do I need to know? What questions do I need to ask? Co-Sponsored by Bryan-Lee.

GSC Free

Thu Aug 19 10am

For more information about these programs or to register, please contact Janet at 661-6894.

Senior

Youth Basketball

Youth Basketball Registration Information

The following are co-recreational leagues. Each league involves two or three commitments per week. The exact schedule will not be made until registration is complete and the exact number of teams in each league is known. No one will be added to teams or given a refund after player evaluations. First time players must present a birth certificate at registration. League assignments are based on the player's age as of **May 1, 2010**.

Mite Instructional

(Boys and Girls Ages 5-7) The goal of this league is to have fun and learn the fundamentals of basketball. We will emphasize skill development and participation. Games will be limited and the score will not be kept.

ASRC \$50(R) \$65(NR)

Thu May 27 6:15pm

Mite Competitive

(Boys and Girls Ages 6-7) Players should have a basic understanding of the game and be able to dribble, otherwise the Mite Instructional League is strongly recommended.

ASRC \$50(R) \$65(NR)

Mon May 24 6:15pm

Pee Wee League

(Boys and Girls Ages 8-10) ASRC \$50(R) \$65(NR)

Tue May 25 6:15pm

Midget League

(Boys and Girls Ages 11-12) ASRC \$50(R) \$65(NR)

Thu May 27 7:15pm

Junior League

(Boys and Girls Ages 13-15) ASRC \$50(R) \$65(NR)

Mon May 24 7:15pm

Volunteer Coaches

The Town of Garner will be accepting applications for volunteer coaches. The approved applicants will be charged with planning and implementing youth league practices, maintaining communication with players and parents and following the rules set forth by the Garner Parks and Recreation Department. Games will be held on weeknights and practices on Saturdays. Leagues are offered for boys and girls age 6-7, 8-10, 11-12, 13-15. If you are interested in coaching, please contact Jack Baldwin at 662-5051 or visit our website for a coach's application.

New High School Basketball

High School Basketball League

This new league is for high school students who want to play ball this summer. Players form their own teams and the department provides uniforms and schedules. There is a minimum of 8 players per team. To join the fun, you need to complete the official team roster, collect and turn in the fee and attend the team captain meeting. This is your chance to show everyone which team is best.

ASRC \$50(R) \$65(NR)

Team Captain Meeting Tue May 25 7:15pm

Youth Tennis Lessons

Youth Tennis Lessons

(Ages 8-13) Players will be introduced to stroke mechanics such as forehand, backhand, volley and serve. They will also learn the etiquette and scoring involved in tennis. Min:5 Max:10

SGPTC \$77(R) \$90(NR)

 Tue & Thu
 Apr 6-29
 6:30pm

 Tue & Thu
 May 4-27
 6:30pm

 Tue & Thu
 June 1-24
 6:30pm

 Tue & Thu
 July 13-Aug 5
 6:30pm

Gymnastics

Beginner Gymnastics

(Ages 6-10) Learn basic gymnastics skills in this class. Children will have fun jumping on trampolines and in foam pits while developing strength and flexibility. Proper dress is required. Min:3 Max:16

Artistic Gym \$24(R) \$31(NR)

Tue Jul 13-27 7-7:55pm

Gymnastics classes are held at Artistic Gymnastics, located at 3315 Anvil Place, Raleigh 27603, 772-9463.

Open Gym

Wednesday Night Adult Open Gym

(Ages 18 & Over) Come experience a mid-week version of our popular weekend open gym program and enjoy a game of pick up basketball with your friends.

ASRC \$2

Wed 7-9pm

Sunday Afternoon Adult Open Gym

(Ages 18 & Over) Come into the center and get some exercise. Enjoy a game of pick up basketball with your friends.

ASRC \$3

Sun 2-5pm

Athletics

Adult Softball

New Softball Leagues

The Town of Garner is offering two softball leagues for the second season. These leagues will provide two different experiences. Please read the following descriptions to make sure your team is in the proper league. Please call Jack Baldwin at 662-5051 with any questions or for more information.

Elite Softball League

(Ages 18 & Over) This USSSA league is for the team that seeks to play the best competition in the area. Weekend tournament teams that have been using their recreational leagues for batting practice and are beating teams by 20 or more runs should be challenged on a nightly basis. The league will play on Monday and Wednesday nights. The 3 and 1 up home run rule will be used, and premium athletic equipment awards will be presented to the champions instead of trophies. The league is limited to 8 teams. Registration deadline is July 13.

CRESP \$500 Team Fee plus \$20(NR) League Meeting:

ASRC

Tue Jul 13 7:30 pm

Recreational Softball League

(Ages 18 & Over) Gather friends, co-workers or church members and form a team. Fun, fellowship and equally competitive teams will be the cornerstones of this USSSA league. Games will be scheduled on Tuesday and Thursday nights. A 2 home run rule will be in place and traditional trophies will be given to the champions. The Department reserves the right to reject teams deemed to be too strong. The league is limited to 8 teams. Registration deadline is July 13.

CRESP \$450 Team Fee plus \$20(NR)

League Meeting:

ASRC

Tue Jul 13 6:30 pm

30 & Over Basketball

30 & Over Basketball

This popular league is for adults ages 30 and over. Teams will be selected the night of the league meeting. Anyone registered who is unable to make the meeting will be placed on a team. Games will be played on Tuesdays, Thursdays and possibly Monday nights. We only accept individual entries. The league meeting will be Thursday, September 9 at 7pm. Please bring photo ID to verify age.

ASRC \$60(R) \$80(NR) 7pm

Athletic Partners

Garner Area Youth Sports League

The Garner Area Youth Sports League, Inc. will start taking registrations in mid June for Youth Baseball and Youth Fast Pitch Softball. Practices will begin in August and games will begin in September. To receive more information about registration, the evaluations or the league, visit GAYSL's web site at www.garnersports.com, e-mail gaysl@earthlink.net or call 779-2499.

Garner Area Soccer Association

Registration for the Fall 2010 league begins in late April. Registration for Garner Soccer is held through the Capital Area Soccer League website: www.caslnc.com.

Soccer Coaching Clinics

Registration is online at www.ncsoccer.org. Click on Programs; Coaching; Programs Info and Schedule.

Youth I License Centennial Park

Sat May 29 9am-3pm

Youth II License Centennial Park

Sun May 30 9am-3pm

E License Centennial Park One weekend only

 Fri
 Jun 4
 6:30-9pm

 Sat
 Jun 5
 8am-4:30pm

 Sun
 Jun 6
 8am-4:30pm

Garner Civitan Pop Warner Football & Cheerleading

Pop Warner Football is a nationally recognized youth football and cheerleading program providing opportunities for players ages 5 to 15.

Registration will take place at the Garner Civitan Club on the following dates and times.

April 27 from 6-9pm

May 4, 5 and 6 from 6-8pm

June 7, 8 and 9 from 6-8pm

Registration Fees: \$165(R) \$190(NR)
The fee includes \$25 in raffle tickets

The fee includes \$25 in raffle tickets that may be sold. Please bring a copy of birth certificate when you register.

For more information, please contact Michele Ball at 418-3062 or micheleball1@nc.rr.com.

NC Wildlife Hunter & Boater Education

The NC Wildlife Resources Commission offers the course below. For more information, including registration and deadlines for the classes, go to the NC Wildlife web site (www.ncwildlife.org) or call 707-0031.

Hunter Safety Course

(Ages 12 & Over) This course is taught by NC Wildlife Enforcement Officers. All first-time NC Hunting License buyers must complete a hunter education course before hunting in North Carolina or purchasing a hunting license. **Demonstration guns provided.** It is unlawful to bring privately owned weapons onto Town of Garner property.

ASRC

Mon-Wed Sep 20-22 6-9:30pm

NC Boater Education

(Ages 12 & Over) Taught by NC Wildlife Enforcement Officers, this 6-hour course covers information about boat operation, legal requirements and handling emergencies. It will certify participants between ages 14 and 16 to operate a personal watercraft in North Carolina. Anyone under 12 must be accompanied by an adult.

ASRC[°]

Mon-Tue May 17 & 18 6-9pm Mon-Tue Jul 19 & 20 6-9pm



Lake Benson

American Red Cross Classes

(Ages 11 & Over) The American Red Cross will conduct registration and collect fees for babysitting class and CPR and First Aid. Participants should bring a bag lunch for these programs. Please contact the American Red Cross at 231-1602 extension 1412 for information and to register.



Practicing Skills During a Red Cross Class

Babysitting Class

Youth will learn the skills every parent seeks in a babysitter--including basic childcare, safe play, first aid and emergency action skills.

| ASRC | Sat | May 1 | 10am |
|------|-----|--------|------|
| | Sat | Jun 5 | 10am |
| | Sat | Jul 10 | 10am |
| | Sat | Aug 7 | 10am |

Adult/Infant/Child CPR & First Aid

Learn to respond to breathing and cardiac emergencies in adults, infants and children. First Aid training includes caring for shock, sudden illness, severe bleeding and injuries.

| ASRC | Sat | May 15 | 8am |
|------|-----|--------|-----|
| | Sat | Jun 19 | 8am |
| | Sat | Jul 17 | 8am |
| | Sat | Aug 21 | 8am |

Nature Programs

Friday Night Strings at the Park

Come out to the Nature Center at White Deer Park and join other instrumentalists in an acoustic jam session. Bring your non-amplified string instrument and join others in creative fellowship listening and playing. All skill levels are welcome.

WDP Free

Fri May 28 5-8pm

Backyard Landscaping Class

A well-designed home landscape should be beautiful and easy to maintain. It shouldn't cost a fortune to water and should cut year-round energy costs. Sound too good to be true? Come see for yourself! Seating is limited, so register early. This course is designed for homeowners who want a professional-looking landscape, but want to do it themselves. Min:4 Max:15

WDP \$25(R) \$33(NR)

Tue May 4, 18, 25 7-8:30pm Thu May 13 7-8:30pm

Stargazing Spring Class

Bring a blanket and/or a chair and join park staff and Astronomer John Cavallaro as we learn about the night sky. This is for astronomy and non-astronomy enthusiasts. Telescopes or binoculars are recommended but not required. Min:6 Max: 25

WDP Sweet Gum Shelter \$4(R) \$7NR)

Fri Jun 4 8:30-10:30pm



Eco Friendly Transportation Parking

Park Safety and Awareness

Parks and open spaces are a wonderful part of our community. Unfortunately safety in these public places is often taken for granted. Join Officer Troy Young of the Garner Police Department as he provides us with tools for protecting ourselves and becoming more aware of our surroundings...especially when in parks. Min:8 Max:30

WDP \$5(R) \$7(NR)

Thu Jun 3 6-8pm

The Values of Vermicomposting

Let worms eat your garbage...they love it! In return they will give you castings to put in your gardens and lawns. Using earthworms and microorganisms to convert organic waste into black, earthy-smelling, nutrient-rich humus is known as vermicomposting. Sign up to join Susan Quinby-Honer as she teaches about worm composting and assists each participant in starting his or her own worm compost bin. All supplies are included in this class, including composting bins and worms which each participant will take home. Min:5 Max:20

WDP \$36(R) \$47(NR)

Sat Jun 5 10am-12pm

Lake Benson Nature Float

Participants will have a chance to see some well-hidden wildlife during this unique excursion on Lake Benson. As we travel around the lake in tethered boats, spend time watching and listening for lake residents which are best seen from the water. Participants should dress for the weather and bring a water bottle. In addition, please consider bringing sunscreen, insect repellant, binoculars and cameras. Boats, paddles and floatation devices will be supplied. Those under the age of 16 must be accompanied by a parent or guardian. Min:4 Max:12

Evening Float

LBBH \$10(R) \$13(NR)

Sat Jun 19 6:30-9pm

Morning Float

LBBH \$10(R) \$13(NR)

Sat Jun 26 6:30-9am

All About Owls

Join park staff and get a glimpse of the owl's night world and find out surprising things about these night hunters. Bring your flashlight and be prepared to take a short hike. Children under 16 must be accompanied by a parent or guardian. Registration required. Min:5 Max: 20

LBP Shelter #1 Free

Fri July 30 7-8:30pm



Who...Who...Who is in that Tree?

utdoor

Nature Programs

Food for the Birds

Feeding birds can be both fun and challenging. What type of feeder should I use? What kind of food should I purchase? Join park staff as we share information about many of our feathered friends and the types of feeders and foods which will attract them. Each participant will also make a feeder to take home. All supplies are included with program fee. Min:5 Max:15

WDP \$10(R) \$13(NR)

Sat Jul 31 10am-12pm

Stargazing Summer Class The Perseids Meteor Shower

The Perseids is one of the best meteor showers to observe, producing up to 60 meteors per hour at its peak. The thin, crescent moon will be out of the way early, setting the stage for a potentially spectacular show. Bring a blanket and/or a chair and join park staff and Astronomer John Cavallaro as we watch the night sky light up. This is for astronomy and non-astronomy enthusiasts. Telescopes or binoculars are recommended but not required.

Min:8 Max: 50

WDP Sweet Gum Shelter \$5(R) \$7(NR) Fri Aug 13 9pm-midnight

Family Camping at Lake Benson Park

Bring your tents and camping gear and spend the night sleeping under the stars at Lake Benson Park during our Family Fun Weekend. Bring your own food and beverages; snacks will be available for purchase during the Friday Family Flicks. Families must register in advance and be issued a camping permit for this special event. Max: 40 permits will be issued

LBP \$10(R) \$13(NR)/per family Fri Aug 20 6pm

Photography Contest

A Great Place to Play Photography Contest

July is national Parks and Recreation month, and to celebrate, we are searching for the best photographs that show why Garner Parks and Recreation is "A Great Place to Play." All pictures should be from a Garner park, recreational facility or program. All accepted entries will be displayed at a Town facility during the month of July. All photographs must be 8x10 inches and matted, not framed. Winners will be announced at a reception at White Deer Park from 1:30-2:30pm on Sunday, July 11. Deadline for entries is 4:30pm on Friday, June 25. Complete rules are available on the website, www.GarnerNC.gov, or by calling Rob Smith at 773-4438.

Lake Benson Boathouse: 975 Buffaloe Rd. 662-5703

Enjoy a day fishing for bass, crappie, catfish and more at Lake Benson. Even those not interested in fishing can always rent a boat and explore the natural beauty around this 364 acre body of water.

Rental Rates

Boat without motor: Boat with motor: Hourly rate \$4 Hourly rate \$10 Daily rate \$50

Senior citizens-half price.

Participants can use their own trolling motor and battery.

The Garner Parks & Recreation Department will begin operations for boating and fishing this March for the first two weekends of the month and then resume regular operations from sunrise to sunset, Thursdays through Sundays, March 18 until October 31.



FISHING TACKLE LOANER PROGRAM (FTLP)

First-time and novice anglers in North Carolina are encouraged to borrow rods and reels free of charge to join in the fishing fun this year. The loaner rods and reels are provided by various city and county parks statewide and

by the NC Wildlife Resources Commission through the Commission's Fishing Tackle Loaner Program (FTLP). The Commission created the Fishing Tackle Loaner Program to introduce North Carolinians, especially children, to fishing and to encourage novice anglers to continue developing their angling skills.

Here's how it works: The Fishing Tackle Loaner Program operates just like a library. Anglers of all ages register at participating parks to receive a tackle loaner ID card, which allows them to check out a rod and reel. Anglers under 18 years of age must have a parent or guardian complete the registration form. After returning the loaner rods and reels to the park office, first-time participants under 16 years of age will receive a free mini-tackle box containing hooks, bobbers, sinkers, and a stringer. Tackle loaner ID cards can be used at other participating sites in North Carolina, but rods and reels must be returned to the original loaner site.

Rods and reels may be checked out any time the Boathouse is open. All items must be returned at least 30 minutes prior to closing each day.

White Deer Park: General Information

White Deer Park officially opened on November 1. 2009. With five shelters, two playgrounds, two miles of paved trails and a 2,500 square foot nature center, it is the largest municipal park in Garner. Listed below is general park information. Please contact us if you have further questions or need more information.

- White Deer Park is open from sunrise to sunset
- The Nature Center is open Tuesday-Saturday from 9am-5pm and Sunday from 12-5pm.
- The park is 96 acres. The outer paved loop around the park is exactly one mile.
- Shelters can be reserved for your event. The cost is \$20 per hour/minimum of two hours. Reservations can be made online www.GarnerNC.gov or at any of our recreation facilities.
- The Nature Center is available for rental when not in use by the Town of Garner. Contact a staff member for more reservation information or to discuss availability.

Please call us with any other questions you may have: (919) 661-6982



Enjoy A Variety of Events and Activities at the Park

Walking Trails & Distances

Walking in the Fresh Air

Get out and enjoy the fresh air! Whether you are a leisurely walker or a serious power walker, you will enjoy our park trails. Below are the length of the trails:

Lake Benson Park 1.8 miles Centennial Park .36 miles South Garner Park .44 miles Creech Road Elementary School Park/ Garner Recreational Park 2.25 miles White Deer Park 1.0 mile

Volunteer Information

Volunteers play an important role in Garner's Parks & Recreation Department. With limited staff, we depend on members of the community to share time and talents to support our programs. Are you interested in volunteering at White Deer Nature Park or Lake Benson Park?

Some of the available opportunities include:

- Nature Center reception & office support
- School group greeter and monitor
- Nature guide
- Park monitor
- Nature program presenter
- Trail maintenance
- Special Events

Please call our office at (919)661-6982 or email smoody@garnernc.gov to inquire or for more information. In advance, we thank you for your time and interest in supporting our parks and programs!

Group Program & Rental Information

White Deer Park is filled with excitement and education for all ages. The park is now open to visitors, offering walking trails, picnic shelters, playgrounds and lots of open space for play. Educational programming is now available at White Deer Park.

Are you an educator interested in bringing a group of students to White Deer Park? Please contact us to learn about programs that are suitable for your group. Many of our programs may help you meet certain competency goals for your classroom. Talk with us further to learn more or to address your specific educational needs.

Are you looking for a specific program or topic? We can work with most groups to schedule a program to meet your needs. Just call or visit to discuss your interests and we'll do our best to accommodate you.

Are you looking for an inexpensive facility to rent for a meeting, program or small event? Please contact us regarding our capacities, guidelines and rental rates. Our fees are affordable and our views are remarkable!

We are proud to be a part of the North Carolina Association of Environmental Education Centers. More information about environmental education in North Carolina is available in the Nature Center.

White Deer Park is a member of Leave No Trace Center for Outdoor Ethics, an educational non-profit organization dedicated to the responsible enjoyment and active stewardship of the outdoors by all people. worldwide. Visit the Nature Center for more information on this organization and its efforts to protect the outdoors

Neighborhood Improvement Plan

The primary function of the Neighborhood Improvement Program is to boost, assist, promote and improve the Town's neighborhoods through a program of self-help, utilization of third-party housing improvement organizations, creation of active homeowner's associations, and other neighborhood improvement tasks. For additional information on any of these programs, please contact Reginald Buie, Neighborhood Improvement Manager at (919) 773-4446 or (919) 218-3543 or by email at rbuie@garnernc.gov.

Wake County's Rehabilitation Loan Program



The Town of Garner is now able to refer Garner homeowners to Wake County's Rehabilitation Loan Program. This program is offered to homeowners who are on a fixed or limited income and who are in need of assistance with low interest rate loans or funding for extensive home repairs. Participation is through referral only. Garner's Neighborhood Improvement Manager, Reginald Buie, can refer local homeowners to the County if they meet program guidelines.

Wake County Weatherization Program

The Town of Garner is now referring homeowners to the Wake County Weatherization Program. The Wake County Weatherization Program is designed to make your home more energy-efficient, which will lower your heating and cooling bills and make your home a safer, healthier place to be. This weatherization program is available to Wake County Residents that meet the eligibility requirements.

Creating a Neighborhood Organization



A neighborhood organization can be started by developing a core group of three or four neighbors interested in organizing and playing an active role in the maintenance and appearance of their neighborhood. The Neighborhood Improvement Manager is available to help your neighborhood organization become officially recognized by the Town of Garner. If you already have an established neighborhood organization, you simply need to compile a list of neighborhood goals and complete an application and file it with the Neighborhood Improvement Manager.

Neighborhood Matching Grant Program

The matching grant program is designed to assist recognized neighborhood organizations in implementing projects that will improve the neighborhood physically, market the neighborhood, or enhance the neighborhood organization. The goal of the grant program is to facilitate neighborhood self-improvement. This program gives recognized neighborhood organizations an incentive to raise funds, build partnerships with businesses and organizations, cultivate volunteer and community support to complete a project, and act as active developers of their communities. The matching grant program provides recognized neighborhood groups with access to funds of up to \$750.00. The value of the neighborhood's contribution must be equal to or greater than the Town's grant.

Town of Garner Residential and Commercial Property Improvement Plan



The Town of Garner has implemented the "Garner Residential and Commercial Improvement Program." The program is designed to help preserve and enhance the value of the residential and commercial properties in Garner. Each month, a residential property will be recognized as "Yard of The Month" and one business/commercial property will be recognized as "Commercial Property of The Month." Town staff will determine the winners using a point system and pre-determined criteria.

| Sport | Provider | Age | Registration | Season |
|---------------------------|-------------------|-------------------------------------|------------------------------|---|
| | GPRD | 30 & Over | Mid February - Mid March | Late March - Late May |
| Adult Basketball | GPRD | 30 & Over | Late August - Mid September | Late September - Late October |
| | GPRD | 18 & Over | Mid February - Mid March | Late March - Late May |
| | GPRD | 18 & Over | Late August - Mid September | Late September - Late October |
| Youth | GPRD | 5 - 17 | Mid April - Late May | June - Early August |
| | GPRD | Girls 5 - 17 Boys 5 - 7, 13 - 17 | Mid October - Early November | Mid November - Early March |
| Basketball | Optimist Club | Boys 8 - 13 | Late October | Mid November - Late February |
| | Garner AAU Flames | Select Girls 8 - 13 | Fall | Year Round |
| | GAYSL 5 - 14 | Early February | March - June | |
| Youth Baseball | GAYSL | 5 - 14 | Late July | August - October |
| | GBI | 5 - 18 | Early February | March - June |
| | GBI | 5 - 18 | Mid July | August - October |
| | American Legion | Select Youth | Late May | Late May - July |
| Pop Warner Cheerleading | Civitan Club | 5 - 15 | Late May - June | August - November |
| Pop Warner Football | Civitan Club | 5 - 15 | Late March | August - November |
| | GASA | 5 - 17 | October - December | Mid February - Early June |
| Youth Soccer | GASA | 5 - 17 | May - June | Mid August - November |
| Youth Fast Pitch Softball | GAYSL | 5 - 16 | Early February | March - June |
| Touth Fast Filch Sollball | GAYSL | 5 - 16 | Late July | August-October |
| | GPRD | Co-Rec 18 & Over | Mid February - Early March | Mid March - Early July |
| | GPRD | Men 18 & Over | Mid February - Early March | Mid March - Early July |
| Adult Softball | GPRD | Men's Church 18 & Over | Mid February - Early March | Mid March - Early July |
| | GPRD | Co-Rec 18 & Over | Early June - Early July | Mid July - October |
| | GPRD | Men 18 & Over | Early June - Early July | Mid July - October |
| Youth Open Gym | GPRD | 6 - 17 | None | Saturdays, Outside Youth Basketball Season |
| Adult Open Gym | GPRD | 18 & Over | None | Sundays, Excluding Holiday Weekends |

| For More Information, Call: | | | | | |
|---|------------------|----------------------------------|--|--|--|
| Garner Parks & Recreation (GPRD) | Jack Baldwin | 662-5051 | | | |
| Garner AAU Flames (Select Girls Basketball) | Arne Morris | 880-1258 | | | |
| Garner American Legion Baseball | Ross Whitfield | 772-8071 | | | |
| Civitan Club Pop Warner Football | Michelle Ball | 418-3062 | | | |
| Civitan Club Pop Warner Cheerleading | Jeralynn Castles | 779-5297 | | | |
| Garner Area Soccer Association (GASA) | Rody Hawkins | 779-8700, www.garnersoccer.com | | | |
| Garner Area Youth Sports League (GAYSL) (Fast Pitch Softball & Baseball) | Office | 779-2499, www.garnersports.com | | | |
| Garner Baseball Inc. (GBI) | Office | 779-6911, www.garnerbaseball.com | | | |
| Optimist Club Basketball | Danny Thornton | 772-8223 | | | |

The Garner Parks and Recreation Department is committed to providing youth sports which stress Participation, Skill Development, Sportsmanship and Fun.





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Post Office Box 446 Garner, NC 27529

Independence Day Celebration Lake Benson Park July 3, 2010













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